

產品專題會 PRODUCT SYMPOSIUM

海外及本地專家 OVERSEAS AND LOCAL EXPERTS

EMMY YEUNG

美安香港產品拓展經理
PRODUCT MANAGER



Emmy畢業於加拿大卑詩省大學，取得營養科學學士學位，其後在香港大學進修並取得食物安全及管理碩士學位。

在加入美安香港之前，Emmy在Philip Wain健身及營養中心及米施洛營養中心擔任營養師，為客戶提供專業的飲食及體重管理指導；她也曾任職於美心食品有限公司，負責撰寫營養標籤。多年豐富工作經驗有助鞏固Emmy對人體健康及體重管理的認識。Emmy由衷地相信均衡飲食、健康生活模式及適當營養攝取是達到健康的關鍵。

Emmy graduated from the University of British Columbia, Canada, with a Bachelor of Science degree in nutritional sciences. She furthered her study at Hong Kong University and gained a master's degree in food safety and management.

Prior to joining Market Hong Kong, Emmy was a nutritionist at Philip Wain Fitness & Beauty and MSL Nutritional Diet Centre Co. Ltd respectively, providing dietary and weight management advice; she also worked at Maxim's Caterers Limited for writing nutrition labels.

Her experiences helped her to further strengthen her understanding of human health and weight management. Emmy truly believes that a balanced diet, healthy lifestyle and proper nutrition are the keys to achieving health.

DR. JEFF STRONG

質發研究機構亞太區科學通訊總監
DIRECTOR OF SCIENTIFIC COMMUNICATIONS
FOR ASIA PACIFIC, HOPHAG RESEARCH



Dr. Strong是自然療法醫生，專門於一般醫學。他畢業於美國華盛頓州西雅圖附近的巴斯蒂爾大學，取得自然療法醫學博士學位。在此之前，他在華盛頓大學完成學士課程，取得

日語文學學士學位。

Dr. Strong是三個專業機構的成員，包括美國自然療法醫生協會、日本抗衰老醫學學會及日本輔助及另類療法學會。在加入質發研究機構前，Dr. Strong在日本室蘭市日鋼記念病院的Caress Alliance日鋼醫療系統研究中心擔任客席研究員，研究日本整合輔助及另類療法的工作。

Dr. Jeff Strong is a naturopathic physician trained in primary care medicine. He graduated from Bastyr University near Seattle, Washington, U.S.A., with a doctorate of naturopathic medicine. He also completed his undergraduate studies at University of Washington earning a Bachelor of Arts in Japanese.

Dr. Strong is a member of the American Association of Naturopathic Physicians, the Japanese Society of Anti-Aging Medicine and the Japanese Society for Complementary and Alternative Medicine and Treatment. Before joining the Horphag team, he acted as a visiting researcher at the Caress Alliance Nikko Health Systems Research Institute, Nikko Memorial Hospital in Muroan, Japan where he researched current efforts to integrate complementary and alternative medicine in Japan.

JASON LAM

美安香港產品拓展主任
PRODUCT OFFICER



Jason畢業於香港中文大學，取得食品及營養科學學士學位，並持有美國國家運動醫學會健身教練資格。

在加入美安香港之前，Jason在NEODERM醫學美容集團中擔任營養師，為客人提供專業個人營養諮詢服務及體質管理指導，致力協助顧客從均衡飲食、良好生活習慣和運動三方面改善健康和達致理想身型。擔任營養師的經驗令Jason建立對功能食品的了解及運用，相信有效使用營養保健品是由內而外改善身體的一大關鍵。

Jason graduated from The Chinese University of Hong Kong with a Bachelor Degree of Food and Nutritional Sciences. Jason also hold the qualification of Certified Personal Trainer of U.S. National Academy of Sports Medicine.

Prior to joining Market Hong Kong, Jason worked as a nutritionist in NEODERM beauty organization group who provides professional dietary consultation and weight management. Jason focused to lead clients to improve health and ideal body shape through balanced diet, good lifestyle and exercises. His experience as a nutritionist developed the knowledge and application of nutraceuticals. Jason truly believes that nutraceuticals is one of the keys to improve the health from inside out.

SYLVIA LAM

註冊營養師（澳洲）
REGISTERED DIETITIAN (AUSTRALIA)



Sylvia畢業於加拿大，取得營養學學士學位，其後在澳洲悉尼大學取得營養學碩士，是香港營養師協會認可營養師。

Sylvia具多年為有體重問題、糖尿病、心臟病及相關疾病人士提供飲食評估及飲食治療經驗；自2007年起，Sylvia擔任香港營養師協會會長一職，全力推動香港註冊營養師專業服務，更是香港中文大學的客席講師，任教食物及營養科學碩士課程。Sylvia常為各大報章傳媒解答，推廣營養資訊，曾參與多個不同電視及電台節目製作，是香港電台《清晨爽利》嘉賓主持，亦是頭條日報《營爆生活》專欄作家；Sylvia著有《抗膽固醇營養師新煮意》、《糖尿病營養師甜美食譜》、《營養師瘦身私房菜》等書，傳授健康資訊。

Sylvia graduated from The University of British Columbia, Canada, with a Bachelor Science degree in Nutritional Sciences. She further enhanced her knowledge by obtaining Master of Nutrition and Dietetics qualification from the University of Sydney, Australia. Sylvia is accredited dietitian of Hong Kong Dietitian Association.

Sylvia has been practicing in Hong Kong and her areas of expertise include diabetes, weight management cardiac rehabilitation, and other related conditions. Since 2007, she is the chairman of the Hong Kong Dietitians Association who put her full efforts to promote Hong Kong's dietitian professional services. Sylvia is also the visiting lecturer of Master of Science in Food and Nutrition in Chinese University of Hong Kong.

Sylvia is active in providing nutrition education/advice to the general public through articles in newspapers, and television and radio programmes. She is the visitor host of RTHK program "清晨爽利" and the columnist of the page "營爆生活" in HK Headline. Sylvia has published "抗膽固醇營養師新煮意", "糖尿病營養師甜美食譜", "營養師瘦身私房菜", to broaden health information of the general public

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STEPHEN NGAN



JAS & Associates 保健營養市場推廣部主管
HEAD OF HEALTHCARE MARKETING,
JAS & ASSOCIATES

香港著名營養師顏天健畢業於美國明尼蘇達大學，取得食物營養學碩士學位。他曾為多家知名食品、營養產品公司及醫療機構擔任營養顧問，提供專業意見，其客戶來自包括保健、營養、藥劑、生物工程及中藥等多個

不同範疇。

此外，他擁有豐富營養學教學經驗，現為香港中文大學幼兒工作者營養教育文憑課程擔任導師。憑著對營養學的深厚認識，顏天健還同時為多份報刊專欄撰寫文章。他深信營養與人類健康有著莫大關係。

A renowned nutritionist in Hong Kong, Stephen graduated from the University of Minnesota in the United States with a master's degree in the field of food and nutrition. Stephen has served as a consulting nutritionist, providing professional dietary advice for a number of well-known corporations and organizations in industries including health care, nutritional, pharmaceutical, biotechnological and traditional Chinese medicine.

He is also experienced in nutritional education and is currently the lecturer for the Diploma Program in Nutrition Education for Early Childhood Personnel held by the Chinese University in Hong Kong. With his solid knowledge in nutrition, Stephen is a frequent contributor for different magazines and newspaper columns. He strongly believes that nutrition hugely contributes to human health.

CHARLEEN KAO



Motives®業務及訓練發展顧問（台灣）
MOTIVE® SALES & TRAINING
CONSULTANT (TAIWAN)

高巧凌為美安台灣總公司總顧問經理級超連鎖™店主，曾留學澳洲整體造型學院，並擔任過金鐘獎得獎影片、電視節目、知名造型及化妝品品牌整體造型師，擁有多多年為金字塔

頂端顧客群及高級訂製服婚紗公司服務的經驗，同時也是美安台灣Motives®授證訓練員、多次Motives®練員、多次Motives®及總裁挑戰獎得主及UFO超連鎖®店主。

Charleen Kao is a National Supervising Coordinator (NSC) UnFranchise™ Business Owner. She studied design and styling in Australia. She was the makeup designer of Golden Bell Awards movie and for many fashion shows. She was also the specified makeup stylist of celebrities and socialites. Charleen is a frequent winner of Motives® and President's Challenges in Market Taiwan.

CHU-YA YANG



TLS®業務及訓練發展顧問（台灣）

TLS® SALES & TRAINING CONSULTANT (TAIWAN)

楊筑雅擁有日本早稻田大學營養學博士學位，專長於食物營養，並擁有豐富的減重及健康飲食計劃推廣經驗；目前是美安台灣TLS®健康生活纖營計劃的授證訓練員及授證教練，擁有豐富的TLS®健康生活纖營計劃入門概論課程及12週支援學習課程的開班授課經驗。

Chu-Ya Yang graduated from Waseda University, Japan, with a Ph.D degree in Nutritional Sciences specializing in food nutrition. She has concrete knowledge in weight management and healthy eating. She is currently a TLS® Certified Trainer and Certified Coach in Market Taiwan. Chu-Ya has solid experience with TLS® Overview and TLS 12-week supporting classes.

