

Optimal Support for the Heart and Vascular System

Our Heart Health Regimen is an innovative, one-of-a-kind system. This regimen includes nutraMetrix[®] Heart Health[™] Omega III Fish Oil with Vitamin E, which provides 3,000 mg of fish body oils and is one of the most potent of its kind on the market. nutraMetrix Heart Health Advanced LipiTrim[®] Ultra helps maintain normal cholesterol levels using natural tocotrienols and policosanols. nutraMetrix Heart Health TriActive (included in the nutraMetrix Heart Health System) helps maintain healthy cholesterol and homocysteine levels. nutraMetrix Heart Health Advanced Co-Q10, when taken in addition to The Heart Health System, provides both cardiovascular and immune support. Co-Q10 is available in both a lipid soluble formula, with d-limonene, as well in a unique isotonic formula; both specifically designed for maximum absorption. nutraMetrix Red Yeast Rice supports optimal cardiovascular health maximizing the full range of products made available through the nutraMetrix cardiovascular support regimen.[†]

These products may be used in conjunction with nutraMetrix Isotonix[®] Resveratrol, nutraMetrix Prime[™] Astaxanthin

Cardio and Visual Vitality Formula for powerful antioxidant protection. Together, these products provide impressive benefits for the heart and vascular system.*

Products

1. nutraMetrix Heart Health System (three-part system with TriActive)
2. nutraMetrix Heart Health Advanced LipiTrim Ultra (available separate of the nutraMetrix Heart Health System)
3. nutraMetrix Heart Health Advanced Co-Q10
4. nutraMetrix Isotonix Coenzyme Q10
5. nutraMetrix Isotonix Resveratrol
6. nutraMetrix Prime Astaxanthin Cardio and Visual Vitality Formula
7. nutraMetrix Red Yeast Rice



[†]Every Targeted Health Regimen builds upon the Foundations of Optimal Health Regimen.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

nutraMetrix® Prime™ Astaxanthin

Cardio and Visual Vitality Formula

Cardiovascular Health Regimen | nutraMetrix® Custom Health Solutions



nutraMetrix®
Custom Health Solutions

- ◀ Supports cardiovascular health[†]
- ◀ Helps maintain normal blood pressure[†]
- ◀ Provides powerful antioxidant defense[†]
- ◀ Promotes healthy vision[†]

Dietary Supplement
30 Softgels

Prime™ Astaxanthin Cardio and Visual Vitality Formula contains AstaREAL®, the highest quality astaxanthin on the market. This powerful anti-aging antioxidant supports cardiovascular, vision and skin health.[†]

Directions for use: Take 1 softgel daily with food or as directed by your healthcare provider.

WARNING: If you are currently using any prescription drugs, have an ongoing medical condition, or if you are pregnant or breastfeeding, consult your healthcare provider before using this product.

KEEP OUT OF THE REACH OF CHILDREN.
Protect from heat, light and moisture. Store at 15-30°C (59-86°F). Do not use if safety seal is broken or missing.

Code: 1211
Lot #: Best when used by:

Supplement Facts

Serving Size: 1 Softgel
Servings Per Container: 30

	Amount Per Serving	% DV*
Astaxanthin (AstaREAL® P2 AF 2%, Fuji HS) ^{***}	6 mg	**

* Percent Daily Values are based on a 2,000-calorie diet.

** Daily Value is not established.

*** AstaREAL is a registered trademark of Fuji Chemical Industry Co., Ltd.

Other ingredients: Extra virgin olive oil, gelatin.

What makes this product unique?

Maintaining healthy vision and cardiovascular function is important for everyone, especially as we age. Astaxanthin is a class of carotenoid called a Xanthophyll — this makes it similar to vitamin A, but far more powerful in its potential benefits for cardiovascular function, including endurance. nutraMetrix Prime Astaxanthin Cardio and Visual Vitality Formula uses AstaREAL® astaxanthin — guaranteed for high potency, quality and stability. AstaREAL astaxanthin ranks first among the purest and most powerful antioxidants available and works to reduce inflammation and improve blood flow*. As an antioxidant it is also highly effective in protecting against free-radical damage and oxidative stress. It is known for its highly potent antioxidant

effects and has been shown to be a superior free radical quencher when compared to many other antioxidants.

nutraMetrix Prime Astaxanthin Cardio and Visual Vitality Formula is provided exclusively in a 6 mg dose, clinically recommended as superior for promoting optimal cardiovascular function and healthy blood flow. Together, the quantity and the quality delivered by nutraMetrix Prime Astaxanthin Cardio and Visual Vitality Formula yield benefits second to none for promoting cardiovascular health.

Frequently asked questions

What is astaxanthin?

Astaxanthin is a carotenoid that gives the reddish pigment to some algae blooms, salmon, crab, krill and lobster. Astaxanthin's unique structure includes long chains which allow it to cover the cell membrane and provide antioxidant protection in all layers, whereas other antioxidants are more limited.

Can nutraMetrix Prime Astaxanthin Cardio and Visual Vitality Formula be taken by people who are allergic to shellfish?

Yes. Although astaxanthin is present in shellfish, nutraMetrix Prime Astaxanthin Cardio and Visual Vitality Formula *does not use shellfish* as a source of ingredients. nutraMetrix Prime Astaxanthin Cardio and Visual Vitality Formula uses only AstaREAL astaxanthin, which is extracted from cultivated microalgae within indoor bioreactors — a carefully controlled environment completely free of contaminants, impurities or allergens.

Who should take nutraMetrix Prime Astaxanthin Cardio and Visual Vitality Formula?

Adults looking for the promotion of healthy aging, endurance and powerful antioxidant defense for the cardiovascular system.

What is the source of the gelatin in nutraMetrix Prime Astaxanthin Cardio and Visual Vitality Formula?

The source of gelatin is bovine.

Why is this product placed in the Prime Product Line?

Astaxanthin is an extremely powerful anti-aging antioxidant in terms of the organs and systems it has the strongest effects on. While the benefits it offers can be enjoyed by anyone, best results are more likely to be felt by that segment of the population over the age of 40, who are more frequently concerned with issues concerning, fatigue, cardiovascular health and cholesterol.

What is the recommended dose of nutraMetrix Prime Astaxanthin Cardio and Visual Vitality Formula?

The recommended serving for adults over the age of 18 is one soft gel capsule per day, taken any time. This provides the 6 mg dose for optimal health.

For additional information on nutraMetrix products, visit your Health Professional's nutraMetrix website.

nutraMetrix® Heart Health™ Advanced LipiTrim® Ultra

Cholesterol and Triglyceride Support Formula

Cardiovascular Health Regimen | nutraMetrix® Custom Health Solutions



nutraMetrix®
Custom Health Solutions

- ◀ Helps maintain healthy levels of total cholesterol, LDL cholesterol and triglycerides[†]
- ◀ Promotes a normal rate of cholesterol production[†]
- ◀ Provides antioxidant protection against free radicals[†]

Dietary Supplement
60 Capsules

Directions for use: As a dietary supplement, take 1 capsule in the morning and 1 capsule in the evening for a total of 2 capsules daily.

WARNING: If you are currently using warfarin (Coumadin) or other antiplatelet/anticoagulant medications, do not use this product without consulting your healthcare provider. You should not use this product if you have a history of hemophilia, bleeding peptic ulcers, hemorrhagic stroke or liver failure. If you are taking any other prescription medication or have an ongoing medical condition, consult your healthcare provider before using this product. Women who are pregnant or breastfeeding should not use this product.

KEEP OUT OF THE REACH OF CHILDREN. Store in a cool, dry place. Do not use if safety seal is broken or missing.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Lot #: Best when used by:

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

	Amount Per Serving	% Daily Value*
Sytrinol® [†] (A proprietary blend of a patented [‡] extract from citrus polymethoxylated flavones and palm fruit tocotrienols)	150 mg	**

* Percent Daily Values are based on a 2,000-calorie diet.

** Daily Value is not established.

[†] Sytrinol® is a registered trademark of NPI, LLC.

[‡] For U.S. Patent information, please visit www.sytrinol.com.

Other ingredients: Gelatin, microcrystalline cellulose and magnesium stearate.



Manufactured for and distributed by: Market America, Inc.
1302 Pleasant Ridge Road, Greensboro, NC 27409, USA

What makes this product unique?

nutraMetrix Heart Health Advanced LipiTrim Ultra is composed of Sytrinol®, a patented proprietary formula derived from natural citrus polymethoxylated flavones (PMFs) and palm tocotrienols, designed to promote overall cardiovascular health. Sytrinol works in the liver without inhibiting the

production of coenzyme Q10. In addition, nutraMetrix Heart Health Advanced LipiTrim Ultra is a powerful antioxidant which promotes a normal rate of cholesterol production and helps maintain healthy levels of total cholesterol, LDL cholesterol, HDL cholesterol and triglycerides.*

Frequently asked questions

What lifestyle advice is needed to promote and maintain a healthy heart?

- Do not smoke, and avoid exposure to smoke
- Maintain a healthy height-to-weight ratio
- Eat a diet rich in colorful fruits, vegetable and whole grains
- Limit your consumption of total, saturated and trans fats
- Exercise regularly and include cardiovascular and resistance training
- Work with your healthcare provider to monitor cholesterol, blood pressure, and homocysteine and C-reactive protein levels
- Start a complete nutritional supplementation program designed to help promote and maintain proper cardiovascular health

What is the role of cholesterol?

Cholesterol is a soft, fat-like, waxy substance found in the bloodstream and in all your body's cells. Cholesterol is an important part of a healthy body because it is used for producing cell membranes and hormones, and serves other needed functions. However, cholesterol cannot dissolve in the blood; it has to be transported to and from the cells by carrier proteins known as lipoproteins. Low density lipoprotein, or LDL, is known as bad cholesterol. High-density lipoprotein, or HDL, is known as good cholesterol. Triglycerides are a form of fat made in the body from sugar and alcohol consumption.

Cholesterol comes from two sources: the body and food. The liver and other cells make about 70 percent of blood cholesterol. The other 30 percent comes from food. The body produces LDL cholesterol (bad cholesterol) naturally, but many people inherit genes that cause their bodies to create excess amounts of cholesterol.

Why is LDL cholesterol considered bad?

LDL cholesterol elevates due to insufficient or poorly functioning transport mechanism. As a result there is greater probability of LDL slowly building up in the inner walls of the arteries. Along with other substances it can form plaque, a thick, hard deposit that can clog those arteries reducing oxygen and nutrient supplies to tissues.

Why is HDL cholesterol considered good?

About one-third to one-fourth of blood cholesterol is carried by high-density lipoprotein (HDL). HDL cholesterol is known as the good cholesterol because a high level appears to protect against heart problems. HDL tends to carry cholesterol away from the arteries and back to the liver, where it's excreted. HDL may remove excess cholesterol from plaque in arteries, thus slowing the buildup.

What is the source of the gelatin in nutraMetrix Heart Health Advanced LipiTrim Ultra?

The source of gelatin is bovine.

How do I take nutraMetrix Heart Health Advanced LipiTrim Ultra?

As a dietary supplement, take 1 capsule in the morning and 1 capsule in the evening for a total of 2 capsules daily.

For additional information on nutraMetrix products, visit your Health Professional's nutraMetrix website.



nutraMetrix®
Custom Health Solutions

- ◀ Helps maintain normal blood pressure[†]
- ◀ Helps maintain healthy blood sugar levels[†]
- ◀ Helps maintain cholesterol concentrations in the body[†]
- ◀ Aids in neutralizing free radicals generated within the cells.[†]

Dietary Supplement
30 Softgels

Directions for use: Take 1 softgel per day.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Do not use if safety seal is broken or missing.

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Manufactured for and exclusively distributed by:
Market America, Inc.
1302 Pleasant Ridge Rd.
Greensboro, NC 27409

Made in the USA

Lot #

Best when used by:

Supplement Facts

Serving Size: 1 Softgel

Servings Per Container: 30

	Amount Per Serving	% Daily Value*
Calories	2	
Calories from Fat	1	
Total Fat	124 mg	<1
Trans Fat	0 mg	**
Vitamin E (as d-Alpha-Tocopherol)	200 IU	667
Coenzyme Q10***	100 mg	**
Mixed Tocopherols	80 mg	**

* Percent Daily Values are based on a 2,000-calorie diet.

** Daily Value is not established.

*** CoQ Sol-CF® is a registered trademark of Soft Gel Technologies, Inc.

Other ingredients: D-Limonene oil, gelatin, glycerin, purified water, turmeric powder, zinc oxide.

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What makes this product unique?

nutraMetrix Heart Health Advanced Co-Q10 is a unique, proprietary formulation of ingredients to deliver the best quality coenzyme Q10. With this oil-based delivery system, nutraMetrix Heart Health Advanced Co-Q10 soft gels maximize peak intestinal absorption, absolute blood levels and amounts

of coenzyme Q10 absorbed by the body. With carotenoids, a natural blend of mixed tocopherols, d-limonene and rice bran oil, and this formulation is designed to be powerful and effective.*

Frequently asked questions

What is the role of coenzyme Q10?

Coenzyme Q10, the vital nutrient that promotes the production of energy at the cellular level, acts as a powerful antioxidant when combined with vitamin E. Within each cell, it serves as a carrier of electrons in the electron transport chain, allowing the production of ATP, the cell's currency for energy. In addition, coenzyme Q10 functions as an important antioxidant, neutralizing free radicals within the cell's energy factory, the mitochondrion.*

Coenzyme Q10 contributes to a healthy cardiovascular system, maintenance of normal blood sugar levels, maintenance of cholesterol and triglyceride concentrations, sustaining vitamin E levels in cell membranes and supporting the immune system.*

Do I need to supplement with coenzyme Q10 even if it is made by my body?

As we age, the ability to synthesize coenzyme Q10 declines. In addition, poor eating habits, stress or infections can contribute to declining levels of this vital nutrient for cell energy production. Even many healthy foods do not contain sufficient amounts of coenzyme Q10 that our body may demand.

Is it safe to take coenzyme Q10?

Yes, it is safe to take supplemental coenzyme Q10. Supplemental coenzyme Q10 has not been shown to produce any adverse effects when ingested by humans or animals. In the 42nd edition of the Physicians Desk Reference (PDR), it is listed as replacement therapy for a nutrient, and no adverse reactions are listed.

Why does nutraMetrix Heart Health advanced CoQ-10 use ubiquinone vs. ubiquinol?

Both ubiquinone and ubiquinol (the reduced form of ubiquinone) are natural. Both are naturally fermented from bacteria. Contrary to popular belief Ubiquinone is not synthetic. The literature shows both forms when taken orally are sufficient to double CoQ-10 stores (when measured in serum) and show improvement in Vo2 Max (REF).

What is the source of the gelatin in nutraMetrix Heart Health Advanced Co-Q10?

The source of gelatin is bovine.

Is there a certain time I should take coenzyme Q10?

Coenzyme Q10 should be taken with a meal containing some fat.

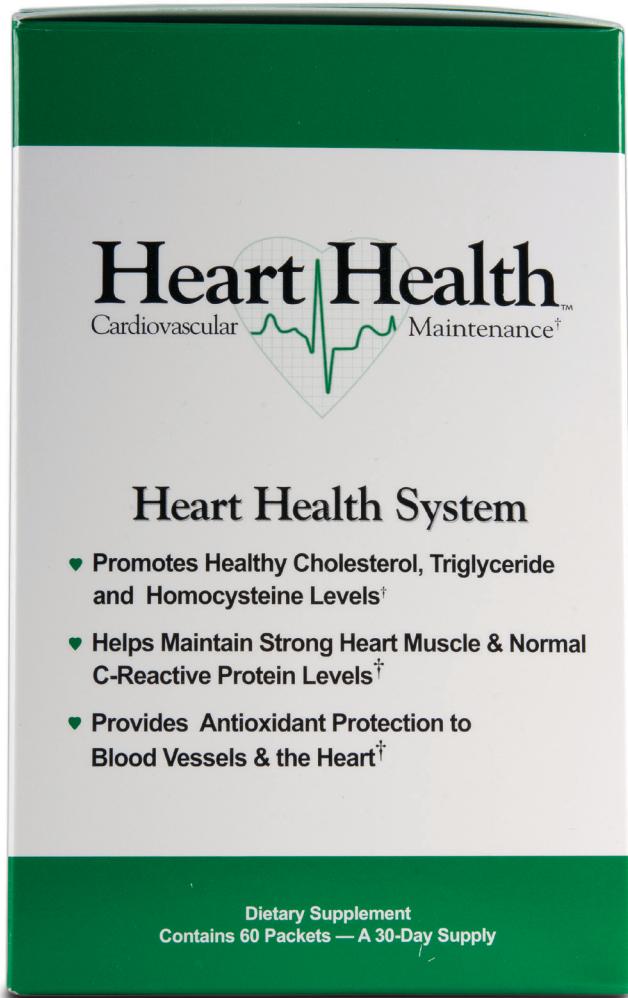
Is it okay to take coenzyme Q10 supplementation while pregnant or breastfeeding?

The safety of coenzyme Q10 has not been established in pregnancy and breastfeeding. For any specific instructions on taking nutraMetrix Heart Health Advanced Co-Q10, consult your healthcare provider.

How do I take nutraMetrix Heart Health Advanced Co-Q10?

Take one soft gel per day, or as directed by your Health Professional.

For additional information on nutraMetrix products, visit your Health Professional's nutraMetrix website.



nutraMetrix®
Custom Health Solutions

- ◀ Helps maintain healthy cholesterol, triglyceride and homocysteine levels†
- ◀ Helps maintain strong heart muscle and normal C-reactive protein levels†
- ◀ Provides antioxidant protection to blood vessels and the heart†

Dietary Supplement

TriActive™ Homocysteine Support Formula*

Supplement Facts

Serving Size: 2 Tablets (2 Per Packet)
Servings Per Container: 60 (2 Packets Per Day)

	Amount Per Serving	% Daily Value*
Thiamin (Vitamin B1 as Thiamin Mononitrate)	2.6 mg	173
Riboflavin (Vitamin B2)	3 mg	177
Niacin (Vitamin B3 as Niacinamide)	25 mg	125
Vitamin B6 (as Pyridoxine Hydrochloride)	15 mg	750
Folate (Folic Acid)	400 mcg	100
Vitamin B12 (as Cyanocobalamin)	500 mcg	8,334
Biotin	150 mcg	50
Pantothenic Acid (Vitamin B5 as D-Calcium Pantothenate)	12.5 mg	125
Zinc (as Zinc Oxide)	7.5 mg	50
Beta-Sitosterol (from 625 mg 40% Beta-Sitosterol Plant Sterols)	250 mg	**
Hawthorn Berry Extract (5% Flavones)	75 mg	**
Cassia nomame (minimum 6% Flavonoids)	50 mg	**
Piliosolanol (Bio-Cosanol****)	10 mg	**
Guggul Extract (10% Guggulsterones)	5 mg	**

* Percent Daily Values are based on a 2,000-calorie diet.
** Daily Value is not established.
*** Bio-Cosanol™ is the trademark of Cyvex Nutrition, Inc.
Other ingredients: Microcrystalline cellulose, dicalcium phosphate, croscarmellose sodium, silicon dioxide and magnesium stearate.
Contains: Soy

These products contain natural ingredients; some color variations may occur.

KEEP OUT OF THE REACH OF CHILDREN. Protect from heat and moisture. Store at 15-30° C (50-86° F).

WARNING: If you are currently taking warfarin (Coumadin), other antiplatelet aggregation or anticoagulant drugs or cardiac glycosides (digoxin, digitoxin, g-strophanthin), consult your healthcare provider before using this product. If you are using any other prescription drugs or have liver disease or inflammatory bowel disease, consult your healthcare provider before using this product. If you have had an organ transplant, consult your healthcare provider before using this product. You should not use this product if you have a history of hemophilia, bleeding peptic ulcers, hemorrhagic stroke or liver failure. Women who are pregnant or breastfeeding should not use this product.

Heart Health™ System

Directions for use: Take 2 packets daily, 1 packet with your morning meal and 1 packet with your midday or evening meal. Each packet should be consumed with 8 fl. oz./240 ml of water. Each packet contains 2 Essential Omega III softgels, 1 Advanced LipiTrim® Ultra capsule and 2 TriActive™ tablets.

Essential Omega III Fish Oil with Vitamin E

Supplement Facts

Serving Size: 2 Softgels (2 Per Packet)
Servings Per Container: 60 (2 Packets Per Day)

	Amount Per Serving	% Daily Value*
Calories	30	
Calories from Fat	25	
Total Fat	3 g	5
Saturated Fat	0 g	0
Trans Fat	0 g	**
Total Carbohydrates	0 g	0
Sugars	0 g	**
Protein	<1 g	1
Vitamin E (d-Alpha tocopherol)	23 IU	77
Fish Body Oils	3,000 mg	**
EPA (Eicosapentaenoic Omega-3 Fatty Acid)	900 mg	**
DHA (Docosahexaenoic Omega-3 Fatty Acid)	600 mg	**
Other Omega-3 Fatty Acids	300 mg	**

* Percent Daily Values are based on a 2,000-calorie diet.
** Daily Value is not established.

Other ingredients: Gelatin, glycerin, purified water and lemon oil.
Contains: Fish (sardines and anchovies).

Advanced LipiTrim® UltraTM Cholesterol and Triglyceride Support Formula[†]

Syrinol®

Supplement Facts

Serving Size: 1 Capsule (1 Per Packet)
Servings Per Container: 60 (2 Packets Per Day)

	Amount Per Serving	% Daily Value*
Syrinol****	300 mg	**

* Percent Daily Values are based on a 2,000-calorie diet.
** Daily Value is not established.

*** Syrinol® is a registered trademark of K&K Synergize. Use and composition of this proprietary formula is protected by U.S. patents # 6,251,400, #6,239,114, and international patents. Syrinol® is a patented proprietary blend of natural citrus polymethoxylated flavones and palm tocotrienols providing higher levels of desmethyl tocotrienol isomers.

Other ingredients: Gelatin, microcrystalline cellulose and magnesium stearate.

What makes this product unique?

The nutraMetrix Heart Health System is comprised of nutraMetrix Heart Health Essential Omega III Fish Oil with Vitamin E, nutraMetrix Heart Health TriActive and nutraMetrix Heart Health Advanced LipiTrim® Ultra, all designed to promote overall cardiovascular health. nutraMetrix Heart Health Essential Omega III provides the three grams (per day) of eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) that studies reveal is the most effective amount to promote overall cardiovascular health. nutraMetrix Heart Health Advanced LipiTrim Ultra is composed of Sytrinol®, a patented proprietary formula derived from natural citrus polymethoxylated flavones (PMFs) and palm tocotrienols, designed to promote overall cardiovascular health. Sytrinol works in the liver, without inhibiting the production of

coenzyme Q10. nutraMetrix Heart Health Advanced LipiTrim Ultra is a powerful antioxidant. It helps promote delivery of healthy levels of LDL throughout the body, promotes a normal rate of cholesterol production, helps maintain healthy levels of total cholesterol, LDL cholesterol and triglyceride levels, and promotes the normal synthesis of triglycerides in the liver. nutraMetrix Heart Health TriActive targets three major areas — the arteries, cholesterol and homocysteine levels — to promote the healthy performance of the body's cardiovascular system. This unique formula uses a combination of natural ingredients that have been shown to safely and effectively support optimal arterial function and help maintain normal cholesterol and homocysteine levels.*

Frequently asked questions

What is homocysteine?

Homocysteine is a marker of cardiovascular risk. Homocysteine is an amino acid that, when found in high concentrations in the blood, is correlated with higher levels of inflammation and risk for chronic disease. According to some experts, homocysteine, as a marker for cardiovascular disease, is as important a factor as cholesterol or smoking. Homocysteine levels can become elevated as a result of smoking, high alcohol consumption and low levels of selected B vitamins in the diet, and high levels are associated with poor cardiovascular health.

Is the fish oil tested for heavy metals?

Yes. The fish oil used in nutraMetrix Heart Health Essential Omega III is tested twice, once by the manufacturer and then by an independent testing company. The fish oil used in nutraMetrix Heart Health Essential Omega III is laboratory tested for mercury, lead, PCBs and other heavy metals. We only use fish oil that meets or exceeds standards set by Canada (CFIA), the European Union (EU) and the United States (CRN).

What is meant by 50 percent purity?

The 50 percent purity refers to the fish body oils EPA and DHA. This is the highest-quality fish oil available at this time. The other 50 percent are assorted fatty acids contained within the fish body oils.

Why is LDL cholesterol considered bad?

When too much LDL cholesterol circulates in the blood without sufficient or poorly functioning transport mechanism, it can slowly build up in the inner walls of the arteries. Along with other substances it can form plaque, a thick, hard deposit that can clog those arteries, reducing oxygen and nutrient supplies to tissues.

Why is HDL cholesterol considered good?

About one-third to one-fourth of blood cholesterol is carried by high-density lipoprotein (HDL). HDL cholesterol is known as the good cholesterol because a high level appears to protect against heart problems. HDL tends to carry cholesterol away from the arteries and back to the liver, where it's excreted. HDL may remove excess cholesterol from plaque in arteries, thus slowing the buildup.

How do I take nutraMetrix Heart Health System?

Take 2 packets daily, 1 packet with your morning meal and 1 packet with your midday or evening meal. Each packet should be consumed with 8 fl. oz./240 mL of water. Each packet contains 2 Essential Omega III soft gels, 1 Advanced LipiTrim® Ultra capsule and 2 TriActive™ tablets.

For additional information on nutraMetrix products, visit your Health Professional's nutraMetrix website.

nutraMetrix Isotonix® Resveratrol

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nutraMetrix®
Custom Health Solutions

- ◀ Promotes cardiovascular health (promotes normal platelet activity, helps maintain normal vaso-relaxation, provides antioxidant protection of LDL particles).[†]
- ◀ Promotes normal nuclear factor kappa B (NF-Kappa B – protein) and cyclooxygenase-2 (COX-2 - enzyme) activity[†]
- ◀ Promotes normal cell cycle activity[†]
- ◀ Promotes normal activity of the SIRT-1 gene (involved in calorie restriction, fat mobilization, mitochondrial function)[†]
- ◀ Superior antioxidant and high ORAC value[†]

Dietary Supplement
Net Weight: 3.5 oz. (100 g)

Directions for use: Pour 1 level, white bottle capful of powder into the overcap. Add water to the line on the overcap (2 fl. oz./60 ml) and stir. As a dietary supplement, take once daily or as directed by your healthcare provider. Maximum absorption occurs when taken on an empty stomach. This product is isotonic only if the specified amounts of powder and water are used.

WARNING: If you are currently using warfarin (Coumadin) or any other antiplatelet/anticoagulant drugs, you should not use this product. Women with a history of estrogen-sensitive cancers, such as breast, ovarian or uterine, should consult their healthcare provider before using this product. If you are currently using any other prescription drugs, have an ongoing medical condition, or if you are pregnant or breastfeeding, consult your healthcare provider before using this product.

This vegetarian product contains no added wheat, soy, yeast, gluten, artificial flavor, starch, salt, preservatives or milk.

KEEP OUT OF THE REACH OF CHILDREN. Store in a cool, dry place. Do not use if safety seal is broken or missing.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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If barcode is missing or marked through, the sale of this product is not authorized or guaranteed by Market America.

Lot #: _____ Best when used by: _____

Supplement Facts

Serving Size: 1 Capful (3.3 g)
Servings Per Container: 30

	Amount Per Serving	% DV*
Calories	10	
Total Carbohydrates	2 g	<1
Sugars	1 g	**
Magnesium (Carbonate)	16 mg	4
Potassium (Bicarbonate)	100 mg	3
BioVin® Advanced (French Red Wine Extract, with 5% Resveratrol)	200 mg	**
VitaBlue® Wild Blueberry Extract	50 mg	**
Resveravine® (Trans-Resveratrol and ε-Viniferin)	10 mg	**

* Percent Daily Values are based on a 2,000-calorie diet.

** Daily Value (DV) is not established.

Resveravine® is a registered trademark of Nexira International; BioVin® Advanced is a registered trademark of Cyvex Nutrition Inc.; VitaBlue® is a registered trademark of VDF FutureCeuticals Inc., used under license.

Other ingredients: Fructose, grape juice powder, citric acid, malic acid, tartaric acid, grape flavor, silicon dioxide, Lo Han (fruit) extract, rebaudioside A (stevia leaf) and maltodextrin.

Manufactured for and distributed by: nutraMetrix®, a division of Market America, Inc. 1302 Pleasant Ridge Road, Greensboro, NC 27409, USA

What makes this product unique?

Poor cellular and cardiovascular health is becoming a worldwide epidemic. An unhealthy diet of processed, high-calorie, simple carbohydrate foods coupled with pollution, smoking and sedentary lifestyles contribute to the existence of free radicals, which lead to poor cell and heart health. New research reveals that resveratrol supports cardiovascular and normal cell health.*

nutraMetrix Isotonix Resveratrol is an isotonic-capable supplement, made from three patented ingredients: Resveravine[®] with 20 percent resveratrol extract, BioVin Advanced[®] (with 5 percent resveratrol extract) and VitaBlue[®] (wild blueberry extract), all designed to promote normal cell health.

Isotonic, which means “same pressure,” bears the same chemical resemblance to the body’s blood, plasma and tears. The body’s common osmotic pressure allows a consistent maintenance of body tissues. nutraMetrix Isotonix Resveratrol is readily available to support the body’s metabolism due to its isotonic state.

Frequently asked questions

This product contains wine extracts. Is it alcohol free?

Yes. nutraMetrix Isotonix Resveratrol is alcohol free; there is no alcohol in this product.

Can I still take this product with my cholesterol-lowering medication?

There are no documented interactions with cholesterol-lowering medication and any of the ingredients in nutraMetrix Isotonix Resveratrol. However, as with any natural supplement, you should consult your healthcare provider if you are being treated for a specific medical condition.

Who should take this product?

If you are interested in promoting cellular and cardiovascular health, nutraMetrix Isotonix Resveratrol may be right for you.*

Can I take nutraMetrix Isotonix OPC-3[®] along with this product?

Yes. nutraMetrix Isotonix OPC-3 is a powerful, broad-based antioxidant with numerous health benefits. nutraMetrix Isotonix Resveratrol can indeed be taken with nutraMetrix

Isotonix OPC-3 and other nutraMetrix antioxidants. Taking nutraMetrix Isotonix OPC-3 and nutraMetrix Isotonix Resveratrol is a smart choice in helping to protect your body from the multiple free radicals that we encounter on a daily basis.*

How do I take nutraMetrix Isotonix Resveratrol?

Pour 1 level, white bottle capful of powder into the overcap. Add water to the line on the overcap (2 fl. oz./60 mL) and stir. As a dietary supplement, take once daily or as directed by your healthcare provider. Maximum absorption occurs when taken on an empty stomach. This product is isotonic only if the specified amounts of powder and water are used.

For additional information on nutraMetrix products, visit your Health Professional’s nutraMetrix website.

nutraMetrix Isotonix® Coenzyme Q10 100

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nutraMetrix®
Custom Health Solutions

- ◀ Helps maintain a strong heart muscle[†]
- ◀ Helps maintain normal blood pressure[†]
- ◀ Supports endurance[†]
- ◀ Supports a healthy immune system[†]

Dietary Supplement
Net Weight: 3.5 oz. (100 g)

Directions for use: Pour 1 level, white bottle capful of powder into the overcap. Add water to the line on the overcap (2 fl. oz./60 mL) and stir. As a dietary supplement, take once daily or as directed by your healthcare provider. Maximum absorption occurs when taken with a meal. This product is isotonic only if the specified amounts of powder and water are used.

WARNING: If you are currently using prescription drugs, have an ongoing medical condition, or if you are pregnant or breastfeeding, consult your healthcare provider before using this product.

This vegetarian product contains no added wheat, soy, yeast, gluten, artificial flavor, starch, salt, preservatives or milk.

KEEP OUT OF THE REACH OF CHILDREN. Store in a cool, dry place. Do not use if safety seal is broken or missing.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

REV 0414

Manufactured for and distributed by:
nutraMetrix®, a division of Market America, Inc.
1302 Pleasant Ridge Road, Greensboro, NC 27409, USA

Lot #: _____ Best when used by: _____

Supplement Facts

Serving Size: 1 Capful (3.3 g)
Servings Per Container: 30

	Amount Per Serving	% DV*
Calories	5	
Total Carbohydrates	1 g	<1
Sugars	1 g	**
Vitamin E (d-alpha-Tocopheryl Acetate)	200 IU	667
Vitamin B2 (Riboflavin)	3 mg	176
Calcium (Sulfate)	29 mg	3
Sodium (Bicarbonate)	70 mg	3
Potassium (Bicarbonate)	115 mg	3
Coenzyme Q10	100 mg	**
Lipase	5 mg	**

* Percent Daily Values are based on a 2,000-calorie diet.

** Daily Value (DV) is not established.

Other ingredients: Fructose, malic acid, citric acid, lemon juice powder, silicon dioxide, apple fiber, maltodextrin, Lo Han (fruit) extract, rebaudioside A (stevia leaf), lemon flavor and lime flavor.

What makes this product unique?

Coenzyme Q10 is a nutrient that plays a vital role in health maintenance. It promotes a healthy cardiovascular system, and helps maintain healthy blood sugar levels, cholesterol and triglyceride concentrations.*

A person's heart beats, on average, 100,000 times each day, which adds up to about 36 million times per year. CoQ10 is the vital nutrient that promotes the body's normal ability to create energy at the cellular level. CoQ10 acts as a powerful antioxidant when combined with vitamin E. Within a cell, it serves as a carrier of electrons in the electron transport chain, neutralizes free radicals and helps protect the integrity of the mitochondrial membrane. nutraMetrix Isotonix Coenzyme Q10 100 works to help maintain normal blood pressure, heart muscle strength and healthy cholesterol levels.*

Absorption and efficacy of nutritional supplements are two important features to examine when selecting a nutritional supplement, and nutraMetrix Isotonix Coenzyme Q10 100 contains both. This supplement is in the form of an isotonic fluid specifically designed for maximum absorption. When the isotonic fluid enters the body, it is delivered to the small intestine nutritionally concentrated. Then it is naturally absorbed into the blood stream at a rapid pace and little nutritive value is lost. Since the antioxidants are in an isotonic solution, it minimizes the chance that important nutrients will be trapped by fats, fibers and tannins or inactivated by a highly acidic pH level.

Frequently asked questions

What is coenzyme Q10?

Coenzyme Q10 is actually a two-part compound that is composed of (1) a long, fat-soluble isoprenoid tail that anchors the molecule in the inner membrane of the mitochondria and (2) a quinone that is capable of accepting and transferring electrons through a portion of the respiratory chain. Coenzyme Q10 is a critical biochemical link in the production of energy in the cell. Coenzyme Q10 is found in the cell membranes of all cells in our body, particularly in the inner mitochondrial membranes, and it is especially concentrated in highly active organs such as the heart, lungs, kidneys, spleen and adrenal glands.

Why does nutraMetrix Heart Health advanced CoQ-10 use ubiquinone vs. ubiquinol?

Both ubiquinone and ubiquinol (the reduced form of ubiquinone) are natural. Both are naturally fermented from bacteria. Contrary to popular belief Ubiquinone is not synthetic. The literature shows both forms when taken orally are sufficient to double CoQ-10 stores (when measured in serum) and show improvement in Vo2 Max (REF).

What is a safe and effective serving of supplemental coenzyme Q10?

A variety of clinical studies has demonstrated that daily intake as low as 30 mg and as high as 1000 mg of coenzyme Q10 are safe and can promote a healthier life. The circulating levels of coenzyme Q10 take about 60-90 days to reach steady state, depending on the amount taken.

How do I take nutraMetrix Isotonix Coenzyme Q10 100?

Pour 1 level, white bottle capful of powder into the overcap. Add water to the line on the overcap (2 fl. oz./60 mL) and stir. As a dietary supplement, take once daily or as directed by your healthcare provider. Maximum absorption occurs when taken with a meal. This product is isotonic only if the specified amounts of powder and water are used.

Other Heart Health Products from nutraMetrix also contain Vitamin E. Is it safe to take nutraMetrix Isotonix Coenzyme Q10 100 with other Heart Health products?

Mixed tocopherols are considered safe when taken up to the upper limit of (the newly established upper limit), as high as 1,500 IU of "d-alpha-tocopherol."

For additional information on nutraMetrix products, visit your Health Professional's nutraMetrix website.

nutraMetrix® Red Yeast Rice

Cardiovascular Health Regimen | nutraMetrix® Custom Health Solutions



nutraMetrix®
Custom Health Solutions

- ◀ Helps maintain normal cholesterol levels[†]
- ◀ Supports cardiovascular health[†]

Dietary Supplement
120 Capsules

Directions for use: Take 2 capsules daily or as directed by your healthcare provider.

WARNING: If you currently take any prescription drugs or have an ongoing medical condition, you should consult your healthcare provider before using this product. Do not use this product if you have liver dysfunction, risk of liver dysfunction or abnormal liver function test results. Do not use this product if you are pregnant, breastfeeding or trying to conceive. If you experience muscle pain, tenderness or weakness, discontinue use immediately and consult your healthcare provider.

KEEP OUT OF THE REACH OF CHILDREN. Store in a cool, dry place. Do not use if safety seal is broken or missing.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 60

	Amount Per Serving
Red yeast rice (<i>Monascus purpureus</i>)	980 mg*
Coenzyme Q10	30 mg*

*Daily Value is not established.

Other ingredients: Rice flour, gelatin, magnesium stearate and silica.

Manufactured for and distributed by:
nutraMetrix®, A division of Market America, Inc.
1302 Pleasant Ridge Road, Greensboro, NC 27409

REV 0612

Lot #: _____ Best when used by: _____

What makes this product unique?

In traditional Chinese culture, Red Yeast Rice was believed to promote various areas of health.

The production of nutraMetrix Red Yeast Rice adheres to only the highest standards of Good Manufacturing Practices (GMPs). This stringent standardization in processing, packaging, testing

and quality control ensures quality and reliability.

nutraMetrix Red Yeast Rice may be taken, to facilitate optimal dosing, in either 2 or 4 capsules per day based on your health professionals recommendation, nutraMetrix Red Yeast Rice should not exceed 4 grams of total monacolins a day.

Frequently asked questions

What is Red Yeast Rice?

Red Yeast Rice is rice which has been specially fermented with a specific variety of yeast called *Monascus purpureus* using traditional cultivation techniques. Its use dates as far back as the Tang Dynasty in China, approximately 800 A.D. It has been used ever since as part of Chinese cooking and herbology. In traditional Chinese culture, Red Yeast Rice was believed to promote various areas of health including cardiovascular support.

Who should take nutraMetrix Red Yeast Rice?

Adults looking for support of their cardiovascular health and the maintenance of normal cholesterol levels*. nutraMetrix Red Yeast Rice is suitable for use by both men and women. Use of Red Yeast Rice should only be used under the supervision of a licensed healthcare professional. Women who are pregnant or breastfeeding should consult with their doctor before using this product.*

What is the recommended daily serving for nutraMetrix Red Yeast Rice?

The recommended serving for adults over the age of 18 is 2 capsules per day, in the am, or as directed by your healthcare professional.

Which other products are best combined with nutraMetrix Red Yeast Rice?

This product is compatible with any other cardiovascular support product, such as nutraMetrix Heart Health™, nutraMetrix Essential Omega III Fish Oil with Vitamin E,

nutraMetrix Heart Health Advanced Co-Q10 or nutraMetrix Isotonix® Resveratrol. nutraMetrix Red Yeast Rice works in a manner distinctly different from any of these, and would provide additional benefits to any heart health program that is already in place. It also can be combined with all nutritional supplements supporting general health, such as nutraMetrix Isotonix Multivitamin, nutraMetrix Isotonix Calcium Plus or nutraMetrix Curcumin Extreme™.

Why is coenzyme Q10 added in this product and if I take this product, do I still need to take my other coenzyme Q10 product?

Supplementation with red yeast rice may interfere with the body's own production of coenzyme Q10 — this is the reason we include a small amount of it with this formulation. However, the coenzyme Q10 in this product does not replace any coenzyme Q10 you are already taking, and it is recommended that you maintain that intake for the unique benefits related to cardiovascular health that coenzyme Q10 offers.

Does nutraMetrix Slow Release Niacin need to be taken on an empty stomach?

No. For best results, it is recommended that nutraMetrix red Yeast Rice be taken with a meal.

For additional information on nutraMetrix products, visit your Health Professional's nutraMetrix website.