

Broad-based Nutritional Support for Women of All Ages

Female Support products are combined specifically with the unique needs of a woman in mind. These products include broad-based nutritional support like nutraMetrix Isotonix® Activated B-Complex and nutraMetrix® Isotonix Calcium Complete, each essential for women of all ages. This regimen also includes nutraMetrix Isotonix Prenatal Activated Multivitamin, providing vitamins and minerals that are critical for women who are pregnant, hoping to become pregnant or breastfeeding.* While a daily vitamin supplement is no substitute for a healthy diet, most women need supplements to make sure they get adequate levels of these minerals.

Some women experience the effects of premenstrual syndrome (PMS) and/or menopause. Several scientific studies have demonstrated how select herbs, vitamins and minerals help promote optimal female health, especially during times of PMS or menopause, without the harmful side effects of unnatural alternatives.*

nutraMetrix offers a blend of botanicals to support the health of women through all decades of life, in the nutraMetrix Prime Feminine® Female Support Formula for menopause and premenstrual syndrome (PMS).

As many as 45 million women in the United States experience reduced sexual desire. This becomes a more prevalent issue as women age, since natural hormone production declines with age. nutraMetrix Prime Time Female Libido Formula supports a healthy female libido.

Products

1. nutraMetrix Isotonix Activated B-Complex
2. nutraMetrix Isotonix Calcium Complete
3. nutraMetrix Isotonix magnesium
4. nutraMetrix Isotonix Prenatal Activated Multivitamin
5. nutraMetrix Prime Feminine Female Support Formula
6. nutraMetrix Prime Time Female Libido Formula



†Every Targeted Health Regimen builds upon the Foundations of Optimal Health Regimen.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

nutraMetrix Isotonix® Advanced B-Complex

Female Support Regimen | nutraMetrix® Custom Health Solutions



nutraMetrix®
Custom Health Solutions

- ◀ Increases energy[†]
- ◀ Promotes a healthy nervous system, bone marrow and intestinal tract[†]
- ◀ Promotes cardiovascular health[†]
- ◀ May help decrease stress and improve mood[†]

An Isotonic-Capable
Dietary Supplement
Net Weight: 10.5 oz. (300 g)

New ingredient

Quatrefolic® is the glucosamine salt of 5-methyltetrahydrofolate and has the same structure and activity of the reduced and active form of folic acid. This is especially beneficial to the nearly 1/3 of the population who genetically cannot make this active form. Activated folic acid is used by the body for cell division and growth, neurotransmitter formation, energy and detoxification. The use of the active nutrients improves overall availability to the body of the needed nutritional base your body requires.

Directions for use: Pour 1 level, white bottle capful of powder into the overcap. Add water to the line on the overcap (2 fl. oz./60 ml) and stir. As a dietary supplement, take once daily or as directed by your healthcare provider. Maximum absorption occurs when taken on an empty stomach. This product is isotonic only if the specified amounts of powder and water are used.

WARNING: If you are currently using prescription drugs, have an ongoing medical condition, or if you are pregnant or breastfeeding, consult your healthcare provider before using this product.

This vegetarian product contains no added wheat, soy, yeast, gluten, artificial flavor, starch, salt, preservatives or milk.

KEEP OUT OF THE REACH OF CHILDREN. Store in a cool, dry place. Do not use if safety seal is broken or missing.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

REV 1213

If barcode is missing or marked through, the sale of this product is not authorized or guaranteed by Market America.

Lot #: _____ Best when used by: _____

Supplement Facts

Serving Size: 1 Capful (3.3 g)

Servings Per Container: 30

	Amount Per Serving	% DV*
Calories	10	
Total Carbohydrates	2 g	<1
Sugars	2 g	**
Thiamin HCl (Vitamin B1)	2 mg	133
Riboflavin-5-Phosphate (Vitamin B2)	3 mg	176
Niacinamide (Vitamin B3)	20 mg	100
Vitamin B6 (Pyridoxal-5-Phosphate)	6 mg	300
Folate [as (6S)-5-Methyltetrahydrofolate Acid, Glucosamine Salt, Quatrefolic®]	432 mcg	108
Vitamin B12 (Methylcobalamin)	120 mcg	2,000
Biotin	300 mcg	100
Pantothenic Acid (D-Calcium Pantothenate)	20 mg	200
Calcium (Sulfate)	5 mg	1
Potassium (Bicarbonate)	95 mg	3

* Percent Daily Values are based on a 2,000-calorie diet.
** Daily Value (DV) is not established.

Other ingredients: Fructose, glucose, citric acid, maltodextrin, silica, apple fiber, apple pectin, natural lemon flavor and natural lime flavor.

Quatrefolic® is the registered trademark of Gnosis S.p.A. and is protected by U.S. Patent No. 7,947,662.

Manufactured for and distributed by:
nutraMetrix®, a division of Market America, Inc.
1302 Pleasant Ridge Road, Greensboro, NC 27409, USA

What makes this product unique?

nutraMetrix Isotonix® Activated B-Complex delivers metabolically active forms of several vitamins and minerals. This is important because traditional forms of vitamins B6, B12 and folic acid found in most other B-complex products must undergo chemical changes in order to be utilized by the body. Several factors including age and nutritional status may decrease the body's ability to activate these vitamins. By providing the metabolically active forms of these vitamins in isotonic form, you can be certain that your body is getting the vital nutrients it needs quickly and effectively.*

Isotonix dietary supplements are delivered in an isotonic solution. Isotonix dietary supplements are a replica of the body's own fluids, such as tears, sweat and plasma. The body's common osmotic pressure allows a consistent maintenance of body tissues. nutraMetrix® Isotonix dietary supplements are

readily available to support the body's metabolism because of their isotonic state.* This means that the body has less work to do in obtaining maximum utilization.

With isotonic fluids, little nutritive value is lost, making the delivery of nutrients highly efficient. There is nothing artificial about it. An isotonic fluid is nature's own nutrient delivery system.*

nutraMetrix Isotonix Activated B-Complex is a mixture of the eight essential B vitamins that are important for hundreds of biochemical reactions in the body. B-vitamin deficiency can lead to fatigue and lethargy, which is why nutraMetrix Isotonix Activated B-Complex is an excellent energy booster and anti-stress formula.*

Frequently asked questions

Why should I choose a B-complex vitamin that is isotonic?

All fluids in the body have a certain concentration, referred to as osmotic pressure. The body's osmotic pressure, which is isotonic, allows essential nutrients to move into body tissues. In order for a nutrient to be absorbed and utilized efficiently, it must be transported in an isotonic state.

nutraMetrix Isotonix Activated B-Complex, when mixed with a measured amount of water, is delivered in an isotonic solution. The isotonic state, not requiring digestion by the stomach, allows nutrients to pass directly into the small intestine and be rapidly absorbed into the bloodstream. With nutraMetrix isotonic-capable products, the absorption of nutrients is highly efficient while delivering maximum results.

Why are B vitamins so important in the aging process?

The ability to absorb B vitamins naturally decreases with age, and healthy cognitive function is associated with normal B vitamin levels. According to Robert M. Russell of the U.S. RDA's Human Nutrition Center on Aging at Tufts University, vitamin B12 is probably the single most important nutrient adversely affected by aging. Vitamin B12 is a difficult nutrient to digest and assimilate, as well as one of the most important vitamins for a broad range of functions, including optimal functioning of the nervous system. It may support DNA integrity, optimal energy production and healthy blood integrity.

What is the best time of day to take this product?

nutraMetrix Isotonix Activated B-Complex can be taken along with any of the other nutraMetrix products on an empty stomach. However, if it is taken alone, it can be taken with a meal.

How do I take nutraMetrix Isotonix Activated B-Complex?

Pour 1 level, white bottle capful of powder into the overcap. Add water to the line on the overcap (2 fl. oz./60 ml) and stir. As a dietary supplement, take once daily or as directed by your healthcare provider. Maximum absorption occurs when taken with a meal. This product is isotonic only if the specified amounts of powder and water are used.

For additional information on nutraMetrix products, visit your Health Professional's nutraMetrix website.

nutraMetrix Isotonix® Prenatal Activated Multivitamin

Female Support Regimen | nutraMetrix® Custom Health Solutions



An Isotonic-Capable
Dietary Supplement
Net Weight: 10.6 oz.
(300 g)

nutraMetrix®
Custom Health Solutions

- ◀ Helps contribute to a healthy pregnancy[†]
- ◀ Helps maintain normal blood pressure during pregnancy[†]
- ◀ Helps maintain healthy skin and hair[†]
- ◀ Provides vitamins and minerals essential for normal growth and development of the fetus[†]

New ingredients

Quatrefolic® is the glucosamine salt of 5-methyltetrahydrofolate and has the same structure and activity of the reduced and active form of folic acid. This is especially beneficial to the nearly 1/3 of the population who genetically cannot make this active form. Activated folic acid is used by the body for cell division and growth, neurotransmitter formation, energy and detoxification. The use of the active nutrients improves overall availability to the body of the needed nutritional base your body requires.

SunActive® Fe provides a nonirritating iron fortification with superior properties and bioavailability. Unlike many other iron sources found in supplementation SunActive® is stable against pH and oxidation. In addition, SunActive® Fe is mild on the gastrointestinal system.

Directions for use: Pour 2 level, white bottle capfuls of powder into a cup. Add 4 fl. oz./120 ml (line on the overcap indicates 2 fl. oz./60 ml) of water and stir. As a dietary supplement, take once daily or as directed by your healthcare provider. Maximum absorption occurs when taken on an empty stomach. This product is isotonic only if the specified amounts of powder and water are used.

WARNING: If you are currently using prescription drugs, have an ongoing medical condition, or if you are pregnant or breastfeeding, consult your healthcare provider before using this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

This vegetarian product contains no added wheat, soy, yeast, gluten, artificial flavor, starch, preservatives or milk.

KEEP OUT OF THE REACH OF CHILDREN. Store in a cool, dry place. Do not use if safety seal is broken or missing.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

REV 0513

Manufactured for and distributed by:
nutraMetrix®, a division of Market America, Inc.
1302 Pleasant Ridge Road, Greensboro, NC 27409, USA

If barcode is missing or marked through, the sale of this product is not authorized or guaranteed by Market America.

Lot #:

Best when used by:

Supplement Facts

Serving Size: 2 Capfuls (6.6 g)

Servings Per Container: 45

	Amount Per Serving	% DV*
Calories	10	
Total Carbohydrates	3 g	1
Sugars	2 g	**
Beta-Carotene (Vitamin A Precursor)	4,000 IU	50
Vitamin C (Ascorbic Acid)	120 mg	200
Vitamin D3 (Cholecalciferol)	1,000 IU	250
Vitamin E (d-alpha-Tocopheryl Acetate)	30 IU	100
Thiamin HCl (Vitamin B1)	3 mg	177
Riboflavin (Vitamin B2)	3 mg	150
Niacin (Niacinamide)	20 mg	100
Vitamin B6 (Pyridoxal-5-Phosphate)	4 mg	160
Folate [as (6S)-5-Methyltetrahydrofolic Acid, Glucosamine Salt, Quatrefolic® ^o]	810 mcg	101
Vitamin B12 (Methylcobalamin)	12 mcg	150
Biotin	300 mcg	100
Pantothenic Acid (D-Calcium Pantothenate)	10 mg	100
Calcium (Lactate)	150 mg	12
Iron (Pyrophosphate, SunActive® Fe [†])	20 mg	111
Iodine (Potassium Iodide)	150 mcg	100
Magnesium (Carbonate)	100 mg	22
Zinc (Lactate)	7.5 mg	50
Copper (Gluconate)	0.2 mg	10
Sodium (Bicarbonate)	35 mg	1
Potassium (Bicarbonate, Chloride)	150 mg	4
Molybdenum (Sodium Molybdate)	50 mcg	**

* Percent Daily Values are based on a 2,000-calorie diet for pregnant and breastfeeding women.

** Daily Value (DV) is not established.

[†] SunActive® Fe is a registered trademark of Taiyo International, Inc.

^o Quatrefolic® is the registered trademark of Gnosis S.p.A., and is protected by U.S. Patent No. 7,947,662.

What makes this product unique?

Isotonix® Prenatal Activated Multivitamin is an isotonic-capable supplement that delivers metabolically active forms of folic acid and other B vitamins, in addition to supplying the Recommended Daily Allowance of key vitamins and nutrients needed for an expectant mother. Taking a prenatal multivitamin with the activated forms of vitamins and minerals is important for pregnant women because it reduces the amount of effort required to activate and use the nutrients. The superior Isotonix delivery system and the activated forms of essential B vitamins in Isotonix Prenatal Activated Multivitamin provides pregnant women with superior multivitamin benefits without the difficulty of swallowing prenatal tablets.

Folate (activated folate as 5-MTHF) – important for women who hope to become pregnant, are pregnant or are nursing – must be activated by the body to be utilized. This activation process can sometimes be inhibited by the body because of an enzyme variation affecting approximately 10% of all people. If this process is inhibited, folic acid remains inactive in the body. By providing Quatrefolic® in nutraMetrix® Isotonix Prenatal Activated Multivitamin, the body's natural activation process can be bypassed, allowing the benefits of folic acid to be appreciated by mom and baby without worry.*

Frequently asked questions

Can women who aren't pregnant take this product?

Yes. The increased vitamins and minerals in nutraMetrix Isotonix Prenatal Activated Multivitamin are beneficial for women of all ages. The increases in vitamins such as vitamin E are not just for pregnant women. nutraMetrix Isotonix Prenatal Activated Multivitamin not only provides necessary vitamins and minerals, it also helps support healthy hair, skin and nails.*

Why do pregnant women have increased requirements for folic acid, iron and calcium?

Natural folate is a vitamin that promotes normal cell replication and growth and aids in the development of the central nervous system. Healthy diets containing adequate folate may reduce the risk of a child being born with a brain or spinal cord defect. Folate is found naturally in green leafy vegetables, nuts, beans and citrus fruits. Foods such as breakfast cereals and some bread may also be fortified with a form called folic acid. Calcium plays an important role during pregnancy to help the expecting mother maintain bone density while also meeting the needs of the fetus for bone development. Iron helps both the mother and baby's blood carry oxygen. While a daily vitamin supplement is no substitute for a healthy diet, many women need supplements to make sure they get adequate levels of these vitamins and minerals.*

In addition, nutraMetrix Isotonix Prenatal Activated Multivitamin contains SunActive® Fe, which provides a nonirritating iron fortification with superior properties and bioavailability. SunActive® Fe is mild on the gastrointestinal system.

Should I take this product only during the first months of pregnancy and toward the end of my pregnancy or continuously throughout my pregnancy?

It is recommended to take nutraMetrix Isotonix Prenatal Activated Multivitamin throughout your entire pregnancy including pre-conception when you are planning to become pregnant. Use of prenatal vitamins is important because vitamins and minerals are needed at different stages of your pregnancy and for different purposes. Recent studies suggest that a multivitamin containing folic acid may also help maintain normal maternal blood pressure and fluid balance.*

How do I take nutraMetrix Isotonix Prenatal Activated Multivitamin?

Pour 2 level, white bottle capfuls of powder into a cup. Add 4 fl. oz./120 ml (line on overcap indicates 2 fl. oz./60 ml) of water and stir. As a dietary supplement, take once daily or as directed by your healthcare provider. Maximum absorption occurs when taken on an empty stomach. This product is isotonic only if the specified amounts of powder and water are used.

For additional information on nutraMetrix products, visit your Health Professional's nutraMetrix website.

nutraMetrix Isotonix® Calcium Complete

Female Support Regimen | nutraMetrix® Custom Health Solutions



nutraMetrix®
Custom Health Solutions

- ◀ Essential for maintaining strong bones and healthy teeth[†]
- ◀ Adequate calcium and vitamin D as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis in later life[†]
- ◀ Supports cardiovascular health[†]
- ◀ Promotes healthy immune function[†]
- ◀ Promotes regulation of hormones and enzyme production[†]
- ◀ Promotes normal blood clotting[†]
- ◀ Supports healthy body weight[†]

An Isotonic-Capable
Dietary Supplement
Net Weight: 10.5 oz. (300 g)

Directions for use: Pour 1 level, white bottle capful of powder into the overcap. Add water to the line on the overcap (2 fl. oz./60 mL) and stir. As a dietary supplement for adults, this product is best taken twice daily, 1 capful in the morning and 1 capful in the evening, or as directed by your healthcare provider. Children ages 9 and older may take 1 capful daily, or as directed by their healthcare provider. Maximum absorption occurs when taken on an empty stomach. This product is isotonic only if the specified amounts of powder and water are used.

WARNING: If you are currently using prescription drugs, have an ongoing medical condition, or if you are pregnant or breastfeeding, consult your healthcare provider before using this product.

This vegetarian product contains no added wheat, soy, yeast, gluten, artificial flavor, starch, preservatives or milk.

KEEP OUT OF THE REACH OF CHILDREN. Store in a cool, dry place. Do not use if safety seal is broken or missing.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for and distributed by: nutraMetrix®
A Division of Market America, Inc.
1302 Pleasant Ridge Road, Greensboro, NC 27409 REV 0511

Lot #: _____ Best when used by: _____

Supplement Facts

Serving Size: 1 Capful (3.3 g)

Servings Per Container: 90

	Amount Per 1 Capful	% Daily Value*	Amount Per 2 Capfuls	% Daily Value*
Calories	0		5	
Total Carbohydrates	< 1 g	< 1	1 g	< 1
Sugars	< 1 g	**	1 g	**
Beta-Carotene (Vitamin A Precursor)	4.8 IU	< 1	9.5 IU	< 1
Vitamin C (Ascorbic Acid)	29 mg	48	58 mg	97
Vitamin D3 (Cholecalciferol)	500 IU	125	1,000 IU	250
Riboflavin (5-Phosphate)	2 mg	118	4 mg	235
Calcium (Carbonate, Lactate, Phosphate, Sulfate, Citrate)	375 mg	38	750 mg	75
Magnesium (Oxide, Carbonate)	100 mg	25	200 mg	50
Manganese (Sulfate)	0.5 mg	25	1 mg	50
Sodium (Bicarbonate)	5 mg	< 1	10 mg	< 1
Potassium (Bicarbonate, Citrate)	110 mg	3	220 mg	6
Boron (Sodium Borate)	0.5 mg	**	1 mg	**

* Percent Daily Values are based on a 2,000-calorie diet.

** Daily Value is not established.

Other ingredients: Citric acid, orange juice powder, orange flavor, malic acid, fructose, rebaudioside A (stevia leaf), glucose, passion fruit flavor, mango flavor, Lo Han (fruit) extract, silicon dioxide and natural vanilla flavor.

What makes this product unique?

Calcium is essential for building and maintaining strong bones. nutraMetrix Isotonix® Calcium Complete provides the body with an optimal blend of calcium, vitamin D3, magnesium, vitamin C and boron in an efficient isotonic solution that is rapidly delivered to the body. nutraMetrix® Isotonix dietary supplements are a replica of the body's own fluids, such as tears, sweat and plasma. The body's common osmotic pressure allows a consistent maintenance of body tissues. nutraMetrix Isotonix Calcium Complete is readily available to support the body's metabolism because of the product's isotonic state.*

With isotonic fluids, little nutritive value is lost, making the delivery of nutrients highly efficient. There is nothing artificial about it. An isotonic fluid is nature's own nutrient delivery system.*

Many calcium supplements exist in the marketplace, but only nutraMetrix Isotonix Calcium Complete delivers a powerful package of calcium and complementary nutrients through an isotonic system of delivery. When a calcium supplement is

not blended with vitamin D and magnesium it may be difficult for your body to absorb. These nutrients are necessary to aid in the absorption and use of calcium.* Even if the calcium tablet is blended correctly, it may be difficult for the body to utilize or break down the calcium due to fillers and binders.* Ordinary calcium tablets require stomach acid to dissolve their compounds, but nutraMetrix Isotonix Calcium Complete does not need stomach acid to be utilized.

nutraMetrix Isotonix Calcium Complete paves the way for powerful results because it is in an isotonic form rather than a tablet. It delivers an efficient calcium solution that is more readily absorbed by the intestine. Its natural lemon-lime flavor is preferable to the chalky taste of typical chewable calcium wafers or tablets.

Frequently asked questions

Why should I take calcium?

Everyone needs calcium, and many people don't get enough calcium in their daily diet through the foods they eat. Besides helping to support and maintain bone integrity, calcium serves a dynamic role as a mineral. Calcium during pregnancy can prevent a new mother from losing her own bone density, as the fetus uses the mineral for bone growth.*

What is the role of calcium?

Calcium is the major mineral for bones and teeth. In addition to structural support, bones are the major storage source for calcium and magnesium. Critical levels of calcium and magnesium are continuously maintained in your blood in order to promote normal blood clotting, skeletal and muscle contraction and osmotic balance.

How do I take nutraMetrix Isotonix Calcium Complete?

Pour 1 level, white bottle capful of powder into the overcap. Add water to the line on the overcap (2 fl. oz./60 ml) and stir. As a dietary supplement for adults, this product is best taken twice daily, one capful in the morning and one capful in the evening, or as directed by your healthcare provider. Maximum absorption occurs when taken on an empty stomach. This product is isotonic only if specified amounts of powder and water are used.

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nutraMetrix Prime Feminene® Female Support Formula

Female Support Regimen | nutraMetrix® Custom Health Solutions



nutraMetrix®
Custom Health Solutions

- ◀ Helps to reduce hot flashes and night sweats associated with menopause[†]
- ◀ Helps stabilize mood[†]
- ◀ May help maintain normal hormone balance[†]
- ◀ Helps alleviate mild symptoms commonly associated with menopause[†]
- ◀ Helps counteract mild effects of PMS[†]
- ◀ Helps maintain optimal female health[†]

Dietary Supplement
30 Tablets

New ingredient

Lifenol® Lifenol hop extract is a patented extract of hops. This specific extract is unique because it contains prenylflavonoids, including 8-prenylnaringenin (8-PN), a very active phytoestrogen.

Prime™ Feminene® Female Support Formula is a natural alternative for minor symptoms associated with PMS and menopause.[†]

Directions for use: As a dietary supplement, adults take 1 capsule daily or as directed by your healthcare provider.

WARNING: If you are currently taking any prescription drugs or have an ongoing medical condition, or if you are pregnant or breastfeeding, consult your healthcare provider before using this product. If you are allergic to any of the ingredients listed, you should not take this product.

KEEP OUT OF THE REACH OF CHILDREN. Protect from heat, light and moisture. Store at 15-30°C (59-86°F). Do not use if safety seal is broken or missing.

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #: Best when used by:

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 30

Amount Per Serving	
Maca Root (<i>Lepidium meyenii</i>)	250 mg*
Chasteberry Fruit Extract (<i>Vitex agnus-castus</i>) [min. 0.5% agnuside]	200 mg*
Lifenol® Hop Extract (<i>Humulus lupulus</i>) [min. 0.15% 8-prenylnaringenin] ^Ø	85 mg*

* Daily Value is not established.

Ø Lifenol is a registered trademark of Naturex Inc.

Other ingredients: Gelatin, rice flour, magnesium stearate and silica.

REV1013

Manufactured for and exclusively distributed by:
Market America, Inc., 1302 Pleasant Ridge Road
Greensboro, NC 27409, USA

What makes this product unique?

Dealing with the symptoms of menopause and premenstrual syndrome is difficult for many women. Many mild symptoms of menopause and premenstrual syndrome can be addressed through the use of supplementation.* Several scientific studies demonstrate how select herbs, vitamins and minerals help to promote optimal female health especially during times of PMS or menopause, without the harmful side effects of unnatural alternatives.*

nutraMetrix® Prime Feminene® Female Support Formula is a dietary supplement to help women reduce the discomfort of mild symptoms associated with both menopause and premenstrual syndrome. nutraMetrix Prime™ Feminene utilizes three unique ingredients — Lifenol®, maca and chasteberry extract — scientifically formulated to help women maintain a healthy, normal hormonal balance that helps stabilize mood, helps reduce menopausal symptoms like hot flashes and night sweats, and helps counteract the mild effects of PMS.*

Clinically tested Lifenol's unique profile has been shown to have positive effects on mild menopausal concerns,

especially hot flashes and night sweats. Clinical studies show significant reductions in the number of hot flashes, as well as an improved quality of life in menopausal women. Maca also helps provide support for menopause by helping stabilize mood. As a member of the broccoli family, maca also contains glucosinolates, which may work to support cellular health.* Chasteberry extract, or Vitex, is a shrub native to the Mediterranean and Central Asia, but can also be found around the United States. It is generally used in dietary supplements for helping to maintain normal levels of female hormones and for mild menopausal concerns. It has several active constituents, including diterpenes, flavonoids, essential oils and glycosides.*

nutraMetrix Female Support Formula helps women keep their bodies in balance, resulting in peace of mind. When you are juggling so many things in life, the last thing you want is to have hormones and mood swings to deal with as well.*

Frequently asked questions

How do I take nutraMetrix Female Support Formula?

As a dietary supplement, women should take one (1) capsule daily, or as directed by your healthcare provider.

Can I take nutraMetrix Prime Feminene Female Support Formula without talking to my healthcare provider?

The ingredient Lifenol is rich in prenylflavonoids — specifically 8-prenylnaringenin (8-PN), a very active phytoestrogen — and has been shown to have positive effects on menopausal concerns related to estrogenic activity, including hot flashes and night sweats. Speak to your healthcare provider if you have a concern about plant estrogens. The 8-PN from Lifenol® is a natural phytoestrogen without the same warnings as synthetic hormone disrupters.

What is PMS?

PMS, or premenstrual syndrome, has been associated with a deficiency or excess of hormones, stress, nutritional deficiencies and other nutritional or lifestyle factors. Symptoms that are commonly associated with PMS

include increased levels of stress and anger, bloating, breast sensitivity and tenderness, abdominal discomfort, unbalanced moods, head discomfort, short-term fatigue, hostility, sleeplessness, joint discomfort, nervousness and tension.

What is menopause?

Menopause is the ceasing of the monthly female menstrual cycle, while perimenopause is a time period that can include many of the symptoms of menopause before menstruation stops. Some symptoms of menopause and perimenopause are emotional and physical changes, mood swings, sleeplessness, hot flashes and night sweats. The most common symptoms are hot flashes, flushes and sweats; 33 percent of perimenopausal and menopausal women seek medical attention for these ailments.

For additional information on nutraMetrix products, visit your Health Professional's nutraMetrix website.

nutraMetrix® Prime Time Female Libido Formula

Female Support Regimen | nutraMetrix® Custom Health Solutions



nutraMetrix®
Custom Health Solutions

- ◀ Supports healthy female libido (sexual interest and desire)[†]
- ◀ Promotes sexual pleasure and performance[†]
- ◀ May help to enhance and stabilize mood[†]
- ◀ May help to manage the effects of stress that reduce sexual drive[†]
- ◀ Helps to maintain vaginal health[†]
- ◀ May help support energy and endurance during physical exertion[†]

Dietary Supplement
60 Tablets

New ingredient

Sensoril® Trim – this ashwagandha extract addresses the negative effects of stress on women for enhanced well-being. Ashwagandha is thought to function by way of supporting GABA-mimetic (a calming neurotransmitter) activity.

Prime™ Time Female Libido Formula supports sexual interest, promotes normal sexual climax and may help promote normal vaginal wetness.[†]

Directions for use: Adult females take 2 tablets daily.

WARNING: If you are currently taking monoamine oxidase inhibitors (MAOI), methyl dopa, antiplatelet/ anticoagulant drugs or antipsychotic drugs, you should consult your healthcare provider before using this product. Women with a history of estrogen-sensitive cancers should not take this product. Take this supplement separately from prescription drugs. If you are currently using any prescription drugs or have an ongoing medical condition, consult your healthcare provider before using this product. Women who are pregnant or breastfeeding should not use this product. Men and children should not use this product.

KEEP OUT OF THE REACH OF CHILDREN. Protect from heat, light and moisture. Store at 15-30°C (59-86°F). Do not use if safety seal is broken or missing.

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #:

Best when used by:

Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 30

Amount Per Serving	
L-Histidine	500 mg*
Sensoril® (Ashwagandha Root Extract) [∅]	250 mg*
Velvet Bean Extract (15% L-dopa)	250 mg*
Damiana Powder	200 mg*
Pueraria mirifica Extract (40:1)	50 mg*

* Daily Value (DV) is not established.

[∅] Sensoril is a registered trademark of NutraGenesis, LLC, and is protected under U.S. patent number 6,713,092.

Other ingredients: Dicalcium phosphate, croscarmellose sodium, microcrystalline cellulose, magnesium stearate, silicon dioxide and pharmaceutical glaze.

REV/0613

Manufactured for and exclusively distributed by:
Market America, Inc., 1302 Pleasant Ridge Road
Greensboro, NC 27409, USA

What makes this product unique?

Decreased sexual desire has become more common because of numerous lifestyle factors, stress and even medications. nutraMetrix® Prime Time Female Libido Formula was developed to support a healthy female libido (sexual interest and desire). In addition to addressing decreased sexual desire, nutraMetrix Prime™ Time Female Libido Formula may help to manage the effects of stress that reduce sex drive and may help to enhance and stabilize mood.

A healthy libido is an important part of any romantic relationship. nutraMetrix Prime Time Female Libido Formula can increase your sexual desire and satisfaction. *

How does this product work? nutraMetrix Prime Time Female Libido Formula promotes normal sexual arousal and intensity, and supports healthy physical response to sexual stimuli. It also promotes normal nitric oxide production and helps to maintain vaginal health.

nutraMetrix Prime Time Female Libido Formula utilizes five ingredients — Sensoril® Trim, velvet bean extract, Damiana, *Pueraria mirifica* extract and L-Histidine — scientifically formulated to support normal sexual arousal and intensity, support normal sexual climax, and promote normal vaginal secretions.*

Clinically tested Sensoril® Trim works as an adaptogen by helping support energy, and may help manage stress. Independent of its adaptogen activities, ashwagandha has also been shown to promote normal nitric oxide synthase. This combined with velvet bean's sexual enhancing properties helps stimulate the reward or pleasure center of the brain via dopamine synthesis. The blend of damiana, L-Histidine and *Pueraria mirifica* plays a role in tissue engorgement and normal vasodilation and smooth muscle contraction in the body, especially the genitalia muscles, helping to produce a normal orgasm.

Frequently asked questions

How should I take nutraMetrix Prime Time Female Libido Formula?

nutraMetrix Prime Time Female Libido Formula should be taken on a daily basis. As the directions indicate, take two tablets daily.

Are there any warnings for this product?

Yes. If you are currently taking monoamine oxidase inhibitors (MAOI), methyldopa, antiplatelet/anticoagulant medications, or antipsychotic drugs, you should consult your physician before using this product. Women with a history of estrogen-sensitive cancers should not take this product. Take this supplement separately from prescription medications. If you are taking any other prescription drugs or have an ongoing medical condition, you should consult your physician before using this product. Women who are pregnant or nursing should not use this product.

When should I expect to notice results?

You should experience results in about four to six weeks. However, some women may be able to see results sooner.

Are there other ways to improve my sexual health?

Of course, the best way to improve any aspect of your health is to eliminate bad habits like smoking and excessive drinking, give yourself a better diet, and exercise regularly. While you're working on healthier living overall, adding a female enhancement supplement can help support your sexual health.

For additional information on nutraMetrix products, visit your Health Professional's nutraMetrix website.