

## Support healthy hepatic function

No better nutraceutical combination can be found for healthy hepatic function than in the nutraMetrix® Liver Health Regimen. nutraMetrix Curcumin Extreme™, nutraMetrix Timeless Prescription Oxygen Extreme™, and nutraMetrix nutriClean® HepatoCleanse deliver a great liver support package that provides a host of benefits, including maintenance of healthy liver cells, strong antioxidant protection and cleansing and detoxification of the liver.

### Products

1. nutraMetrix nutriClean® HepatoCleanse
2. nutraMetrix® Timeless Prescription Oxygen Extreme™
3. nutraMetrix® Curcumin Extreme™



†Every Targeted Health Regimen builds upon the Foundations of Optimal Health Regimen.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

# nutraMetrix nutriClean® HepatoCleanse

Liver Health Regimen | nutraMetrix® Custom Health Solutions



nutraMetrix®  
Custom Health Solutions

- ◀ Supports a healthy liver and gall bladder†
- ◀ Helps excrete toxins that accumulate over time†
- ◀ Helps maintain healthy glutathione levels†
- ◀ Provides antioxidant defense†
- ◀ Helps to cleanse and detoxify the liver†
- ◀ Helps to cleanse and detoxify the blood†

Dietary Supplement  
30 Capsules

**Directions:** Take two capsules daily with an 8 fl. oz. glass of water.

**WARNING:** Do not use this product if you have or develop diarrhea, loose stools or abdominal pain. Consult your healthcare provider if you have frequent diarrhea. Do not use this product if you are pregnant or breastfeeding. Do not use this product if you are allergic to any of the ingredients, if you have gallbladder problems or have had your gallbladder removed, or if you are vomiting or running a fever. If you are taking any prescription medication or have an ongoing condition, you should consult your healthcare provider before use. Product is intended for adult use only.

**KEEP OUT OF THE REACH OF CHILDREN.**

Store at 15-30°C (59-86°F). Protect from heat, light and moisture. Do not purchase if outer seal is broken or missing.

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## Supplement Facts

**Serving Size: 2 Capsules**  
**Servings Per Container: 30**

| Amount Per Serving  | % Daily Value |
|---|---------------|
| Proprietary Blend: 1,180 mg   | *             |
| Milk thistle seed (extract standardized to 80% silymarin), dandelion root powder, garlic bulb powder, N-acetyl-L-cysteine, <i>Schizandra chinensis</i> fruit and seed extract, yellow dock root, burdock root, licorice root, barberry root, rosemary leaf, ginger root powder, bayberry bark, green tea leaf extract, hawthorn berry extract, hyssop (aerial parts), red clover (aerial parts) and turmeric root extract |               |

\* Daily Value not established.

**Other ingredients:** Calcium sulfate, gelatin, magnesium stearate and silica.

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Market America, Inc., 1302 Pleasant Ridge Road  
Greensboro, NC 27409, USA

## Understanding Detoxification

The human body is continuously digesting toxins through food, lifestyle and the environment. The liver plays an important role in helping eliminate these toxins from the body. The liver functions as a detoxifier in several ways: it filters the blood to remove high molecular weight toxins

from circulation, enzymatically inactivates toxins, and converts fat-soluble toxins into water-soluble so they can be excreted in the urine. nutraMetrix nutriClean HepatoCleanse supports the liver's normal cleansing and detoxification of the blood.\*

## What Makes This Product Unique?

nutraMetrix nutriClean HepatoCleanse is a dynamic way to help the liver reach optimal levels of functioning and detoxification. nutraMetrix nutriClean HepatoCleanse not only supports the health of the liver and gallbladder, it is also a strong antioxidant and helps maintain healthy glutathione

levels, which help support the liver's natural defense system. nutraMetrix nutriClean HepatoCleanse can be used as a part of the nutraMetrix nutriClean 7-Day Cleansing and Detoxification System or alone as a maintenance dietary supplement.\*

## Frequently asked questions

### What is glutathione and how is it helpful to the liver?

The herbs found in nutraMetrix nutriClean HepatoCleanse help maintain normal glutathione levels. Glutathione is necessary to the enzymatic reactions that must take place in order for proper filtration and elimination of bodily toxins. Glutathione is a tripeptide of glutamic acid, cysteine and glycine, existing in reduced (GSH) and oxidized (GSSG) forms and participating in various redox reactions, such as the destruction of peroxides and free radicals, as a cofactor for enzymes and in the detoxification of toxic compounds.\*

together by scavenging free radicals on an ongoing basis to rid the body of toxins that build up, providing a strong, lasting antioxidant defense to keep toxins from accumulating, and maintaining your liver health, which helps cleanse the body on a regular basis and not just for a short period of time.

### What other nutraMetrix products can be taken with nutraMetrix nutriClean HepatoCleanse?

Taking nutriClean HepatoCleanse along with nutraMetrix Curcumin and nutraMetrix Timeless Prescription Oxygen Extreme can be very beneficial. These products work well

### How do I take nutraMetrix NutriClean HepatoCleanse?

One should take two capsules a day with a full 8 oz. glass of water. If you experience diarrhea or an upset stomach, discontinue use.

For additional information on nutraMetrix® products, visit your Health Professional's nutraMetrix website.

**nutraMetrix® Timeless Prescription Oxygen Extreme™**  
**Maximum Skin Defense and Antioxidant**

Liver Health Regimen | **nutraMetrix® Custom Health Solutions**



**nutraMetrix®**  
 Custom Health Solutions

- ◀ Supports a healthy liver<sup>†</sup>
- ◀ Supports healthy immune functions<sup>†</sup>
- ◀ Provides strong antioxidant protection<sup>†</sup>
- ◀ Helps maintain healthy cholesterol levels<sup>†</sup>

Dietary Supplement  
 60 Capsules

**Directions for use:** Take 2 capsules daily with 8 fluid ounces of water.

When used in accordance with the directions, Timeless Prescription® Oxygen Extreme™ provides strong antioxidant protection, supports a healthy liver and promotes skin health.

**Note:** If you are currently taking prescription medication, if you have any ongoing medical condition, or if you are pregnant or breastfeeding, consult your healthcare provider before using this product.

**NO ARTIFICIAL COLOR OR FLAVOR.**

**KEEP OUT OF THE REACH OF CHILDREN.** Store in a cool, dry place and protect from light. Do not use if safety seal is broken or missing.

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 1302 Pleasant Ridge Road, Greensboro, NC 27409

Lot #:

Best when used by:

**Supplement Facts**

**Serving Size: 2 Capsules**  
**Servings Per Container: 30**

|   | Amount Per Serving | % Daily Value* |
|---|--------------------|----------------|
| Vitamin A (as Beta-Carotene)  | 5,000 IU           | 100            |
| Vitamin C (as Ascorbic Acid)  | 200 mg             | 333            |
| Vitamin E (as d-Alpha-Tocopheryl Acetate)   | 30 IU              | 100            |
| Selenium (as Selenomethionine)  | 200 mcg            | 286            |
| Green Tea Extract<br>98% Polyphenols  | 300 mg             | **             |
| Ginkgo biloba Leaf Extract<br>(24% Ginkgo Flavone Glycosides/<br>6% Terpene Lactones) | 50 mg              | **             |
| Milk Thistle Extract (80% Silymarin)  | 50 mg              | **             |
| Bilberry Extract (25% Anthocyanins)   | 25 mg              | **             |

\* Percent Daily Values are based on a 2,000-calorie diet.  
 \*\* Daily Value is not established.

**Other ingredients:** Long grain white rice flour, gelatin, magnesium stearate and silicon dioxide.

**Contains: Soy**

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## What makes this product unique?

nutraMetrix Timeless Prescription Oxygen Extreme is a unique combination of vitamins A, C and E, selenomethione, bilberry extract, green tea extract, Ginkgo biloba and milk thistle that work together to support the body in different ways. nutraMetrix Timeless Prescription Oxygen Extreme is

formulated to provide strong antioxidant defense against free radicals, and support of healthy immune functions. Each of these benefits is important to the overall health and function of the liver in the body.\*

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## Frequently asked questions

### **What is the relationship between the liver and cholesterol levels?**

The liver is a vital organ in the body and plays a central role in maintaining cholesterol balance, among other things. It is the organ principally responsible for the production and break-down of proteins involved in cholesterol synthesis. Cholesterol and fatty acids consumed in the diet are absorbed into the blood stream, which are then delivered to the liver. When the liver is healthy and functioning properly, healthy levels of cholesterol are maintained.

### **What are antioxidants?**

Antioxidants are derived from nutrients, food or supplements and neutralize free radicals, rendering them harmless. Antioxidants from vitamins, minerals and enzymes are capable of counteracting free radicals.

### **What is the best antioxidant to take?**

There is not one single antioxidant that is most protective against oxidant stress. A team of antioxidants all working together provides the best antioxidant defense. Choosing supplements formulated with a broad variety of antioxidants such as nutraMetrix Timeless Prescription Oxygen Extreme offers a convenient, cost effective and comprehensive antioxidant approach.\*

### **Do active persons need antioxidant supplementation?**

Physical activity, walking and intense exercise increase oxygen consumption and therefore increase the number of oxygen free radicals generated in the body. These additional oxygen free radicals can contribute to a state of oxidative stress. Active persons, especially athletes, do need to supplement with antioxidants daily. Taking antioxidant supplementation directly after a workout can help reduce the oxidative stress.\*

### **How do I take nutraMetrix Timeless Prescription Oxygen Extreme?**

Take 2 capsules daily with 8 fluid ounces of water.

For additional information on nutraMetrix products, visit your Health Professional's nutraMetrix website.



nutraMetrix®  
Custom Health Solutions

- ◀ Supports normal liver detoxification activity<sup>†</sup>
- ◀ Promotes the normal production of detoxification enzymes<sup>†</sup>
- ◀ Supports overall liver health<sup>†</sup>
- ◀ Promotes normal cellular regeneration<sup>†</sup>
- ◀ Promotes apoptosis in unhealthy cells<sup>†</sup>
- ◀ Promotes normal activity of NF-KappaB<sup>†</sup>
- ◀ Helps maintain healthy glutathione levels<sup>†</sup>

Dietary Supplement  
30 Capsules

**Directions for use:** Take 1 capsule daily, with or without a meal.

**Warning:** If you are currently taking warfarin (Coumadin) or other antiplatelet/anticoagulant medications, you should not take this product. If you are taking any other prescription drugs or have an ongoing medical condition, you should consult your physician before using this product. Women who are pregnant or nursing should not take this product.

**KEEP OUT OF THE REACH OF CHILDREN.** Store in a cool, dry place. Do not use if safety seal is broken or missing.

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Lot #: \_\_\_\_\_ Best when used by: \_\_\_\_\_

## Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

|  | Amount Per Serving | % Daily Value |
|--|--------------------|---------------|
| Selenium (Selenomethionine)  | 100 mcg            | 143           |
| Curcumin BCM-95® (Containing 95% Curcuminoids Complex with volatile oils of turmeric rhizome)† | 400 mg             | *             |
| Broccoli Seed Extract (4.5% Glucosinolates)  | 223 mg             | *             |

\*Daily Value is not established.

† BCM-95 is a registered trademark of Dolcas Biotech LLC.

**Other ingredients:** Gelatin, microcrystalline cellulose, stearic acid, magnesium stearate and silicon dioxide.



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## What makes this product unique?

There are many curcumin products on the market, but nutraMetrix Curcumin Extreme with BCM-95® has superior bioavailability and absorption. BCM-95 contains the natural spectrum of the turmeric rhizome. nutraMetrix Curcumin Extreme promotes healthy glutathione levels and normal cellular regeneration.

Glutathione is the master antioxidant in the human body that serves to preserve and protect the liver, brain and

other body tissues by protecting them from free radicals. Furthermore, glutathione supports vitamins C and E, which are also powerful antioxidants. Taking nutraMetrix Curcumin Extreme every day can help maintain liver cellular health.\*

## Frequently asked questions

### Are there any side effects associated with nutraMetrix Curcumin Extreme?

Side effects are uncommon and are generally limited to mild stomach distress. If you have any concerns you should speak to your health provider.

### Are there any warnings associated with taking nutraMetrix Curcumin Extreme?

If you are currently using warfarin (Coumadin®) or other antiplatelet/anticoagulant, you should not use this product. If you are using any other prescription drugs or have an ongoing medical condition, consult your healthcare provider before using this product. Women who are pregnant or breastfeeding should not use this product.

### What are the potential advantages of taking curcumin?

Curcumin supports liver detoxification activity, promotes normal cellular regeneration and helps maintain healthy glutathione levels. It also supports the body's natural ability to produce detoxification enzymes and has been shown to be a powerful antioxidant. It promotes neurological health and helps to maintain neurological health as we age. It can also promote free radical protection and a strong immune system.\*

### Who should take Curcumin Extreme?

Anyone 18 or over can take Curcumin Extreme, especially those who want to support their normal liver detoxification activity, help maintain their healthy glutathione levels, promote their neurological health and those who want to promote a strong immune system.

### When should I start to see/feel the effects of this product? What should I expect?

The antioxidant benefits of curcumin should be noticeable in about four to six weeks. Please remember that everyone's body is different, so for some it may take longer to notice the benefits of curcumin. You should expect to feel better and healthier overall.\*

### What is the purpose of the broccoli seed extract contained in this product?

It promotes the liver detoxification activity, and it works to support the body's natural defense systems and to sustain elevated levels of glutathione.

### How do I take nutraMetrix Curcumin Extreme?

Take 1 capsule daily, with or without a meal.

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