



## Isotonix® Bromelain Plus

**SG13986**

Single Bottle – 30 servings

### Primary Benefits

- Supports the body's normal healing process
- Supports the body's natural recovery process
- Supports healthy joint function

### What makes Isotonix® Bromelain Plus unique?

Isotonix Bromelain Plus supports your body's immune functions with a combination of bromelain, white willow bark and protease. It works with the body's own repair system, promoting the body's normal healing process. It also supports the body's natural recovery.

Some cells in the body "disguise" themselves from the immune system by using a protein layering as a shield. Protease enzymes like bromelain help support your immune system in detecting these cells. These enzymes help support your body's ability to engage in a so-called "cellular house cleaning" important to the maintenance of health.

Isotonix Bromelain Plus delivers its ingredients in an isotonic form, meaning you're getting an easily absorbable product that works quickly.

Support your body in facing what life puts in its way. Isotonix Bromelain Plus is for everybody, every day.

### Key Ingredients:

#### Bromelain

Bromelain is a mixture of enzymes found in the stems of pineapples. It is distinct from the bromelain found in the pineapple fruit.

As a mixture of proteases, bromelain has been used by Europeans for many years for its health related benefits. Its components work to help support the body's normal healing process. This is important for healthy joint function and the body's natural recovery process.

Bromelain has been studied both in experimental models and clinical studies for its effects on the immune functions. It also supports healthy levels of fibrin in the blood, which promotes healing.

Other studies provided support of bromelain for promoting overall general well-being along with support of comfort and physical function.

#### White willow bark

White willow bark is the bark of the salix tree, which is native to Europe and Asia. Its name comes from the colour of the leaves, which are covered with white hairs. White willow bark has been traditionally used for many years, dating back as far as the ancient Egyptians who used it for its health properties.

Willow bark constituents include flavonoids,



tannins and salicylates. The active constituent of willow bark is thought to be salicin. In the body, salicin is metabolised to salicyl alcohol and then to salicylic acid. White willow bark has been shown to support normal blood flow.

### **Protease**

Proteases are proteolytic enzymes that work to break specific peptide bonds or break down a complete peptide to amino acids. As systemic enzymes, proteases support the body's natural recovery process.

Combined with bromelain and white willow bark, the proteases support the body's ability to stay healthy and heal.

### **Frequently Asked Questions:**

#### **Who should take Isotonix Bromelain Plus?**

Isotonix Bromelain Plus is for ADULT USE ONLY. It offers a combination of benefits such as the support of the body's normal healing process, natural recovery process, and joint function. Isotonix Bromelain Plus is suited for adults looking to keep their bodies healthy and wanting to support the body's ability to deal with the wear and tear of everyday life.

#### **Are there any contraindications for Isotonix Bromelain Plus?**

Yes. If you are currently using warfarin (Coumadin), other antiplatelet/anticoagulant medications, have a bleeding disorder, liver or kidney disease, or any digestive disorder, you should consult your healthcare provider before using this product. If you are currently taking any prescription medications or have an ongoing medical condition, you should consult your healthcare provider before using this product. If you have a known allergy to pineapple, have peptic ulcers, or are pregnant or breastfeeding, you should not use this product.

#### **How do you take Isotonix Bromelain Plus?**

As the directions suggest, pour 3 level, white bottle capfuls of powder into a cup. Add 6 fl oz/180 ml (line on the overcap indicates 2 fl oz/60ml) of water and stir. As a dietary supplement, take once daily or as directed by your healthcare provider. Maximum absorption occurs when taken on an empty stomach. This product is isotonic only if the specified amounts of powder and water are used. Do not take with food.

#### **Where does bromelain come from?**

Bromelain is found in every part of the pineapple, although it is most plentiful in the stem. Most commercially grown pineapple is sliced, canned or juiced. The remains are rich with this substance, which is then extracted. Originally used as a meat tenderiser because of its ability to break down proteins, research now shows that powdered bromelain promotes health.

#### **I am a very active individual. How does Isotonix Bromelain Plus support my body's normal ability to repair and heal?**

Physical activities such as sports, jogging, weight training, aerobics, and martial arts can cause mechanical stress to connective tissues or the normal buildup of pro-oxidants.

Isotonix Bromelain Plus is a concentrated blend of powerful protease enzymes designed to support a healthy body with normal tissue and recovery repair. By keeping your tissues healthy, you can keep up your daily activities.

#### **Does Isotonix Bromelain Plus contain pork or pork products?**

No.

#### **Is Isotonix Bromelain Plus vegetarian?**

Yes.

#### **Is Isotonix Bromelain Plus manufactured in a Good Manufacturing Practice (GMP) facility?**

Yes, this product is manufactured in a GMP compliant facility which is inspected by the Food and Drug Administration (FDA) of the United States of America.