

# SEE how well you SEE

## HOW WELL DO YOU SEE?

**285 million**

people in the world are estimated to have a visual impairment (WHO) with 278,000 Canadians being visually impaired

[visionhealth.ca](http://www.visionhealth.ca)

Total financial cost of vision loss in Canada was estimated at **\$15.8 billion**

<http://www.visionhealth.ca/data.htm#Vision%20Health%20Funding%20-%20Canada%20vs.%20U.S.>,  
<http://www.visionhealth.ca/news/Vision%20Loss%20in%20Canada%20-%20Final.pdf>

The total number of visually impaired and blind Canadians is projected to **double**

over the next **25 YEARS**

**246 million** people worldwide suffer from low vision (WHO)

- 👁️ About 65% of all people who are visually impaired are age 50 and older (WHO)
- 👁️ 82% of people living with blindness are age 50 and over (WHO)
- 👁️ That's 20% of the world's population! (WHO)

A local study reported that **836,000** Canadians identified themselves as having a "seeing disability"

(2006 Participation and Activity Limitation Survey [PALS] by Statistics Canada)

**39 million**

people in the world are blind (WHO), 108,000 of those people are Canadian



## GOOD NEWS FOR YOUR VISION!

The number of people visually impaired from infectious diseases has **GREATLY REDUCED IN THE LAST 20 YEARS**

<http://www.who.int/mediacentre/factsheets/fs282/en/> WHO

**80%** of all visual impairment can be prevented or cured

<http://www.who.int/mediacentre/factsheets/fs282/en/> WHO

## HOW YOU CAN SUPPORT YOUR VISION:

**Supplement** a vision support formula like Isotonix Vision Formula with Lutein to

- 👁️ Help maintain eyesight
- 👁️ Help in the development and maintenance of night vision
- 👁️ Help maintain skin membranes and immune functions

Eat foods that contain concentrations of **LUTEIN, ZEAXANTHIN, VITAMIN A, AND FISH OILS** to SEE the difference!

**75%** of study participants in one clinical study improved their vision in six months by supplementing Lutein <http://esgweb1.nts.jhu.edu/press/2000/MAY/000522.HTM>

Another clinical study found that people with **DIETS HIGH IN FOODS RICH IN ZEAXANTHIN — PARTICULARLY SPINACH, KALE AND BROCCOLI** — are up to 50% less likely to develop cataracts

<http://www.webmd.com/eye-health/lutein-zeaxanthin-vision>