Bromelain is a proteolytic enzyme – an enzyme which breaks down protein – that is found naturally in the stems of pineapples.

Inside our bodies, many unhealthy cells “disguise” themselves from the immune system using a protective protein shield.

Proteolytic enzymes like bromelain can help identify and promote the removal of unhealthy cells.

Bromelain helps the body to produce enzymes that SUPPORT normal healing.

Fact: Bromelain has been studied for its ability to enhance the effect of the antibiotics. In a study of people with urinary tract infections, 100% of participants given antibiotics in combination with bromelain were cured of their infection, compared to just 46% who received antibiotics alone.


Bromelain also contains components that interfere with the growth of tumour cells and other unhealthy cells, thereby it may help the body to HEAL and RECOVER normally.

Fact: Glioma tumour cells studied displayed reduced adhesive, migratory and invasive properties following bromelain treatment. Results showed a 43% difference in tumour migration in brain tissue between bromelain-treated group compared to control group.