



Enhanced microcirculation and blood flow¹



Lowered systolic blood pressure over 8 weeks²



Reduced premenstrual abdominal pain²



Protection against oxidative stress in several cell systems²



Enhanced cellular antioxidant protection¹



Decreased melasma on skin⁴



Lowered blood sugar levels and improved endothelial function³

[,] macology and Therapeutics [2002, 40(4):158- 168]. Institute Pharmaceutical Chemistry, Westfälische Wilhelms-Universität Münster,

X Liu, J Wei, F Tan S Zhou, G Würthwein, P Rohdewald. "Antidiabetic effect of Pycnogenol French maritime pine bark extract in patients with diabetes type II." Guang An Men Hospital Chinese Medical Science Research Institute, Beijing, PR China. Life Sciences [2004, 75(21):2505-2513]. Z Ni, Y Mu, O Gulati. "Treatment of melasma with Pycnogenol" Phytotherapy Research Volume 16, Issue 6, pages 567-571, September 2002.