

# the power of **Pycnogenol™**

Pycnogenol™ is a natural plant extract from the bark of the maritime pine tree, which grows exclusively along the coast of southwest France in Les Landes de Gascogne. According to the studies, Pycnogenol is highly bioavailable to the body, making it easily absorbed. In studies, patients experienced benefits in many ways, such as...

**Enhanced**  
microcirculation and  
blood flow<sup>1</sup>

**Lowered**  
systolic  
blood pressure  
over 8 weeks<sup>2</sup>

**Lowered**  
blood sugar levels and  
improved  
endothelial function<sup>3</sup>

**Reduced**  
premenstrual  
abdominal  
pain<sup>2</sup>

**Decreased**  
melasma  
on skin<sup>4</sup>

**Enhanced**  
cellular  
antioxidant  
protection<sup>1</sup>

**Protection**  
against  
oxidative stress  
in several cell  
systems<sup>2</sup>

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2. P Rohdewald. International Journal of Clinical Pharmacology and Therapeutics [2002, 40(4):158-168]. Institute Pharmaceutical Chemistry, Westfälische Wilhelms-Universität Münster, Germany.

3. X Liu, J Wei, F Tan S Zhou, G Würthwein, P Rohdewald. "Antidiabetic effect of Pycnogenol French maritime pine bark extract in patients with diabetes type II." Guang An Men Hospital of Chinese Medical Science Research Institute, Beijing, PR China. Life Sciences [2004, 75(21):2505-2513].

4. Z Ni, Y Mu, O Gulati. "Treatment of melasma with Pycnogenol" Phytotherapy Research Volume 16, Issue 6, pages 567-571, September 2002.



**PYCNOGENOL™**  
LOOK, FEEL, AND LIVE BETTER

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