

PYCNOGENOL[®]

OXIDATIVE STRESS AND YOUR BRAIN



FACTORS THAT MAY IMPACT COGNITIVE HEALTH,¹



When the amount of free radicals outnumbers the amount of antioxidants in the body.²



Neutralizing free radicals can help maintain healthy cells, proteins and DNA.² **Daily intake of antioxidants can help offset overwhelmed free radicals.**

Brains are vital organs that can be **vulnerable to oxidative stress.**^{3,12}



A balanced diet and regular physical activity are important for supporting healthy living, including cognitive performance.

PYCNOGENOL^{®†}

FRENCH MARITIME PINE BARK EXTRACT

Pycnogenol is used primarily to support cardiovascular, vision, skin, joint and cognitive health. Natural benefits like **maintaining healthy circulation** and aiming to **combat free radicals** before they cause oxidative stress to the body – give the plant extract its power.

After years of research, Pycnogenol studies have shown it to support cognitive health through every life stage.^{4,5}



May support normal cognitive function^{6,7,8}



May help combat oxidative stress and balance out stress hormones^{6,8,9}



May promote a healthy total antioxidant status (TAS)^{10,11}



May support normal attention and concentration^{7,8,9}

SOURCES:

1. <https://www.nia.nih.gov/health/risks-cognitive-health>
2. <https://www.sciencedirect.com/topics/biochemistry-genetics-and-molecular-biology/oxidative-stress>
3. <https://www.ncbi.nlm.nih.gov/books/nbk3869/>
4. <http://www.pycnogenol.com/applications/cognitive-function/?l=%27>
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7. <https://www.ncbi.nlm.nih.gov/pubmed/22108481>
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10. <http://www.tandfonline.com/doi/abs/10.1080/10715760600824902?journalCode=ifra20&>
11. <https://www.ncbi.nlm.nih.gov/pubmed/16984739>
12. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2874397/>

[†]Pycnogenol[®] is the registered trademark of Horphag Research, Ltd., and is protected by U.S. patent numbers 4,698,360; 5,720,956; and 6,372,266.

These statements have not been evaluated by the Food and Drug Administration. This product(s) is not intended to diagnose, treat, cure or prevent any disease.