

# PYCNOGENOL<sup>®</sup>

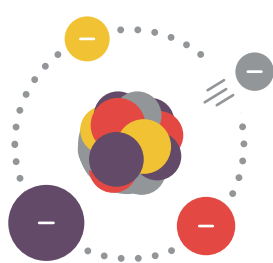
## OXIDATIVE STRESS AND YOUR BRAIN



### FACTORS THAT MAY IMPACT COGNITIVE HEALTH,<sup>1</sup>



When the amount of free radicals outnumbers the amount of antioxidants in the body.<sup>2</sup>



Neutralising free radicals can help maintain healthy cells, proteins and DNA.<sup>2</sup> **Daily intake of antioxidants can help offset overwhelmed free radicals.**

Brains are vital organs that can be **vulnerable to oxidative stress.**<sup>3,12</sup>



**A balanced diet and regular physical activity** are important for supporting healthy living, including cognitive performance.

## PYCNOGENOL<sup>®†</sup>

### FRENCH MARITIME PINE BARK EXTRACT

Pycnogenol is used primarily to support cardiovascular, vision, skin, joint and cognitive health. Natural benefits like **maintaining healthy circulation** and aiming to **combat free radicals** before they cause oxidative stress to the body - give the plant extract its power.

**After years of research, Pycnogenol studies have shown it to support cognitive health through every life stage.**<sup>4,5</sup>



May support normal cognitive function<sup>6,7,8</sup>



May help combat oxidative stress and balance out stress hormones<sup>6,8,9</sup>



May promote a healthy total antioxidant status (TAS)<sup>10,11</sup>



May support normal attention and concentration<sup>7,8,9</sup>

#### SOURCES:

- <https://www.nia.nih.gov/health/risks-cognitive-health>
- <https://www.sciencedirect.com/topics/biochemistry-genetics-and-molecular-biology/oxidative-stress>
- <https://www.ncbi.nlm.nih.gov/books/nbk3869/>
- <http://www.pycnogenol.com/applications/cognitive-function/?l=%27>
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- <https://www.ncbi.nlm.nih.gov/pubmed/16984739>
- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2874397/>

<sup>†</sup>Pycnogenol<sup>®</sup> is the registered trademark of Horphag Research, Ltd., and is protected by U.S. patent numbers 4,698,360; 5,720,956; and 6,372,266.

These statements have not been evaluated by the Food and Drug Administration. This product(s) is not intended to diagnose, treat, cure or prevent any disease.