

# SEE how well you SEE



## HOW WELL DO YOU SEE?



**246 million**

people worldwide suffer from low vision according to the World Health Organization (WHO)

About **65%** of all people who are visually impaired are age **50** and older (WHO)

**82%** of people living with blindness are age **50** and over (WHO)

That's **20%** of the world's population! (WHO)

**39 million** people in the world are blind (WHO)

## GOOD NEWS FOR YOUR VISION!

The number of people visually impaired from infectious diseases has **greatly reduced** in the last 20 years<sup>1</sup>

**80% of all visual impairment can be prevented or cured<sup>2</sup>**



## HOW YOU CAN SUPPORT YOUR VISION:

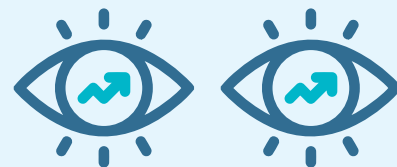
Supplement a vision support formula with lutein to

- ✓ Help maintain eyesight
- ✓ Help in the development and maintenance of night vision
- ✓ Help maintain skin membranes and immune functions

Eat foods that contain concentrations of **lutein, zeaxanthin, vitamin A, and fish oils** to see the difference!



**75%** of study participants in one clinical study improved their vision in six months by supplementing lutein<sup>3</sup>



Another clinical study found that people with **diets high in foods rich in zeaxanthin** — particularly **spinach, kale and broccoli** — are up to **50%** less likely to develop cataracts<sup>4</sup>

1. <http://www.who.int/mediacentre/factsheets/fs282/en/WHO> 2. <http://www.who.int/mediacentre/factsheets/fs282/en/WHO>  
3. <http://esgweb1.nts.jhu.edu/press/2000/MAY/000522.HTM> 4. <http://www.webmd.com/eye-health/lutein-zeaxanthin-vision>