

Health & Nutrition

VITAMINS FOR THE WHOLE BODY

GENERAL HEALTH (Isotonix® Multivitamin)

A multivitamin is an essential vitamin important for helping provide vitamins and minerals that may be lacking in our diets.

HEALTHY SKIN (OPC-3®)

Isotonix OPC-3 contains antioxidants that protect the cells and tissues from damages by free radicals.

HEART HEALTH (Omega III)

Heart Health Essential Omega III provides the three grams of total fish oil that studies reveal is the most effective amount to promote overall cardiovascular health.

BLOOD SUGAR (Isochrome)

Isotonix Isochrome sets itself apart by being the most complete chromium supplement available, with a combination of essential compounds that include vitamins, minerals, amino acids, enzymes and Co-enzyme Q10 that provide nutrients that can help support healthy blood sugar and improve the success of most weight management programs.

MUSCLE FUNCTION (Magnesium)

Isotonix Magnesium helps promote bone health, supports healthy cardiovascular system function, while reducing duration of mild migraine, supporting muscle health and preventing or treating any magnesium nutritional deficiencies.*

SORE JOINTS (Isotonix Prime Joint)

Isotonix Prime Joint is a winning combination of proven ingredients that supports and helps maintain optimal joint health, cartilage and relieves mild joint inflammation.*

BRAIN FUNCTION (Omega III)

Recent research has shown that fish oil may be beneficial in supporting cognitive function by helping the body manage stress and enhance mood.

NEED ENERGY? (Isotonix B Complex)

B vitamin deficiency can lead to fatigue and lethargy, which is why B complex supplements are excellent energy boosters and anti-stress formulas.

DIGESTION (Isotonix Digestive Enzymes)

Digestive enzymes are special catalytic proteins that help your body break down food to utilise the complete spectrum of nutrients in the food we eat.

WEIGHT MANAGEMENT (TLS Nutrition Shakes)

TLS Nutrition Shakes are useful as meal replacements to help fight hunger and provide additional protein, fibre and calcium for your meals: breakfast, lunch or dinner.

BONE HEALTH (Isotonix Calcium)

Calcium is essential for building and maintaining strong bones.

IMMUNE BOOSTER & ALLERGY SUPPORT (OPC-3 & Vitamin C)

Isotonix OPC-3 has been shown to provide a variety of health benefits including, but not limited to, free radical protection (antioxidant support), decreasing mild allergies, anti-inflammatory properties, eye health, and maintaining joint function.*

Vitamin C is also an antioxidant and plays a significant role in a variety of metabolic functions. It strengthens the immune system, decreases common cold and symptoms of mild allergies. It also helps with skin and eye health.*

**If symptoms persist, consult your healthcare practitioner*

