

TLS NUTRITION SHAKES



HEALTHY MEAL REPLACEMENT

Great Tasting! Gluten Free! Excellent Fibre Source!

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WITH THE COMPLETE
TLS WEIGHT MANAGEMENT PROGRAM

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LEARN EATING BEHAVIOURS.

Use the TLS Weight Management Guide & Journal with the TLS Menu Plans

FIND THE PERFECT TLS COACH

DISCOVER THE
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1,400 FOOD RECIPES &
EXERCISE ROUTINES

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YOUR WEIGHT
ON THE GO WITH
THE **FREE** TLS APP



