

WHAT'S IN YOUR SNACK?

We compared the nutritional value of TLS® Shakes vs. other common snacks.*

**19 GRAMS
OF PROTEIN**



**PROVIDES 24
ESSENTIAL VITAMINS
AND MINERALS**

**10 GRAMS
OF FIBER WITH ONLY
6 GRAMS OF FAT**

**NO
ADDED
SUGAR**



Special K™ Protein Shake
Protein: 10g | Fiber: 5g
Sugar: 18g



Nature Valley® Oats 'N Honey
Protein: 4g | Fiber: 2g
Sugar: 12g



Yoplait® Strawberry Yogurt
Protein: 5g | Fiber: 0g
Sugar: 26g



CLIF® Energy Bar
Protein: 10g | Fiber: 5g
Sugar: 22g



"I've tried a few nutrition shakes and TLS is by far the best tasting and most satisfying. Love these shakes!"

- Diane M

SHAKE

THINGS UP IN YOUR LIFE
tlsSlim.com

Creamy Vanilla
6390

Chocolate Delight
6391



SHIPFREE AVAILABLE

The other snack examples and their companies shown here are not associated or affiliated with Market America in any way.

*Amounts shown are per serving.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT(S) IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.