Green tea research continues to support its use for a variety of health benefits. EGCG (epigallocatechin gallate), along with the several other polyphenols, is often given the credit for most of the benefits ascribed to green tea. These benefits accredited to green tea use include, but are not limited to, improvements in cholesterol, mental alertness and health, heart health and skeletal strength. READ MORE
I EAT MORE OFTEN (AND A LOT HEALTHIER) THAN I DID BEFORE AND AM ACTUALLY ENJOYING WHAT I EAT MORE TOO!

Over the years I have attempted multiple "diet" plans. I have always been able to lose weight on a diet plan but in the past, once the "diet" was over, I would always gain the weight back (plus a few pounds).

The TLS® program is so different than what I have tried in the past for a few reasons. The first is the education that goes along with the program.

The proper balancing of nutrition and the importance of a low glycemic lifestyle in both losing and maintaining weight for the rest of my life.

Another reason the TLS program is so different than “diets” I have tried in the past is the fantastic products developed that support low glycemic eating and losing/maintaining my weight.

I eat more often (and a lot healthier) than I did before and am actually enjoying what I eat more too! I am more aware of what I am eating and plan out my means in advance. Because I am looking better, I am not ashamed to have my picture taken. I am more active and have even started an activity with my daughter that we both enjoy. – David B., UnFranchise Owner
TOP RATED PRODUCT
TLS DETOX KIT
★★★★★ 5 Stars

The Best Start
This is the best way to kick start your system to begin your weight loss regimen. I have seen great results with many customers that have been able to lose weight and maintain.
—By FERNANDAS, UnFranchise Owner

BUY NOW

GREEN SMOOTHIE

INGREDIENTS:
- 1 serving TLS Whey Protein Shake - Vanilla
- ½ cup spinach
- ½ cup gently steamed broccoli
- 1 tsp. lemon zest
- ½ cup Greek yogurt
- 5 ice cubes

SHOP NOW
*Individuals following the TLS Weight Loss Solution as part of a healthy diet and exercise program can expect to lose 1-2 pounds per week.

**The persons sharing their stories are Unfranchise(R) Owners of Market America products.

***These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

****Individual Cashback is rounded off to the nearest value and may vary depending on new and/or pending purchases credited to SHOP.COM account. See site for details.