

## ABOUT WELLTRIM® IG

WellTrim iG (IGOB131®) is a **clinically studied** extract of African mango, also known as Irvingia gabogbia.

This botanical ingredient is a traditional West African **culinary fruit kernel** in which the mucilage (a glycotprotein) is used to make traditional soups, such as Ogbono.

The **African mango** trees can be found throughout farms and tropical forests of Central and Western Africa.

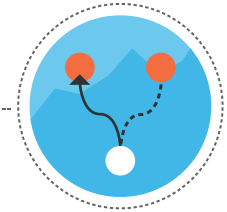
### WELLTRIM IG HAS BEEN SHOWN TO INCREASE LEVELS OF THE HORMONE ADIPONECTIN. THIS IS IMPORTANT BECAUSE...



Adiponectin levels are inversely related to body fat percentage; **the greater the levels of adiponectin, the lower the percentage of body fat.**



**Higher levels of adiponectin** are associated with increased insulin sensitivity and **improvement in fatty acid utilization.**



**Higher adiponectin** levels have been shown to beneficially **inhibit adipocytes (fat cells) from differentiating and multiplying.**

### IN A 10-WEEK CLINICAL STUDY, PARTICIPANTS TAKING 300 MG DAILY OF WELLTRIM IG...



LOST AN AVERAGE OF 28.2 LBS

LOST 6.3% BODY FAT



DECREASED WAIST SIZE BY 6.4 INCHES

WellTrim® iG is a trademark of Icon Group, LLC.

Ngondi J et al. IGOB131, a novel seed extract of the West African plant Irvingia gabonensis, significantly reduces body weight and improves metabolic parameters in overweight humans in a randomized double-blind placebo controlled investigation. Lipids in Health and Disease. 8:1-7, 2009.