



## TRIM DOWN WITH WELLTRIM

This scientifically based and clinically tested ingredient can help people achieve their weight loss and wellness goals.

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Weight loss is of interest to the majority of people. To successfully lose weight, we must address satiety (feeling full) as well as hormonal and metabolic challenges.

WellTrim® iG is IGOB131®, which is the scientific name for the authentic, patented, GRAS-affirmed, standardized, clinically tested extract of African mango (*Irvingia gabonensis*) seed. It is a plant-derived ingredient that has been clinically shown in clinical trials to support healthy weight management and metabolic wellness.

African mango seeds, called “dika nut” in West Africa, have been used for centuries in soups and stews and also for health-supporting purposes. And because WellTrim iG is made from this common food source, it has an excellent safety record. It has several substantiated structure and function claims in the areas of weight management, satiety, appetite control, thermogenesis, metabolic balance and wellness, blood sugar, and cardiovascular health.

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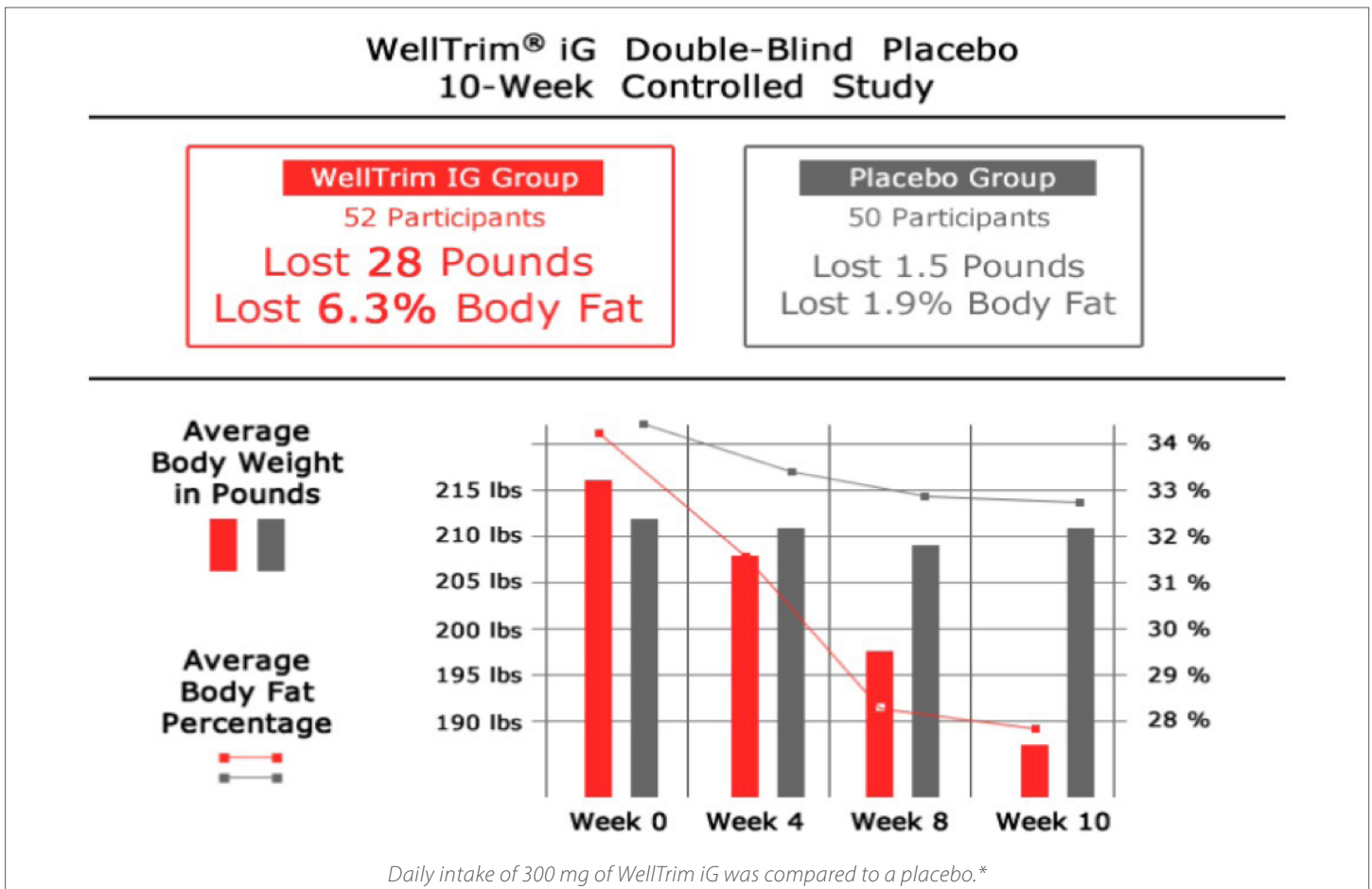
WellTrim iG supports weight loss and fat loss in several different ways:

1. Supports leptin sensitivity.
2. Helps manage hunger and stimulate lipolysis (fat burning).
3. Helps maintain normal insulin activity.
4. Helps curb appetite and promotes a feeling of fullness.
5. Supports levels of adiponectin to help maintain healthy insulin sensitivity.
6. Moderates G3PDH enzyme activity to reduce the conversion of ingested starch into triglycerides or stored fat.



\*Consult your physician before beginning this or any other exercise program. These statements have not been evaluated by the Food and Drug Administration (FDA). These products are not intended to diagnose, treat, cure or prevent any disease.

\*The average person using 300 mg of WellTrim iG, eating sensibly and exercising regularly, can expect to lose up to 2 pounds per week and 4.1% body fat over a 10-week period.



There are several research reports on WellTrim iG, but perhaps the most significant was a 10-week, double-blind, placebo-controlled human trial with 102 participants. The average starting weight for the WellTrim iG group was 216 pounds. The results were published in *Lipids in Health and Disease*, a peer-reviewed journal, which means the study results were reviewed by expert independent scientists.

WellTrim iG promotes healthy weight management and metabolic wellness by helping curb appetite while supporting healthy levels of adiponectin and insulin activity for overall cardiovascular support, maintenance of normal cholesterol levels, and promotion of weight loss. The results of the *Lipids in Health and Disease* study highlight that WellTrim iG offers health benefits beyond weight loss.

From my perspective, WellTrim iG is much more than a weight loss ingredient. It is really a wellness ingredient because it can support so many aspects of health. Imagine what can be achieved when WellTrim iG is combined with a healthy lifestyle, low-glycemic impact eating and appropriate exercise\*. The results can be outstanding!

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