HOW DOES STRESS AFFECT YOUR WEIGHT?

When we are faced with stress, the body’s adrenal glands naturally release hormones like:

- CORTISOL

which:

- Increases BLOOD SUGAR
- Hinders regular METABOLISM FUNCTION
- Suppresses the IMMUNE SYSTEM

Increased CORTISOL due to STRESS can also cause LETHARGY and reduced ENERGY.

HELP FIGHT STRESS & WEIGHT GAIN WITH TLS® ACTS

- Helps the body adapt to stress
- Helps support better emotional responses to stress
- May help in minimizing stress-related issues (weight gain, difficulty sleeping, etc.)
- Helps to support better mood changes

Try TLS ACTS Adrenal, Cortisol, Thyroid & Stress Support Formula, created with unique stress-fighting ingredients!